

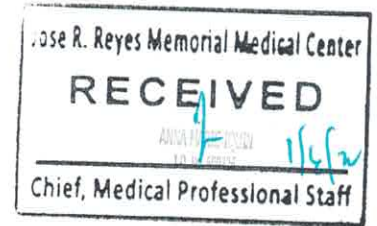


REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF HEALTH
JOSE R. REYES MEMORIAL MEDICAL CENTER
San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

Public Health, Emerging Disease and Wellness Unit

6 January 2022

Emmanuel F. Montaña Jr., MD, FPCS, FACS, MHA
Medical Center Chief II
This Medical Center



THRU: Wenceslao S. Llauderres, MD, FPCGM, MPM-HG
Chief Medical Professional Staff II
This Medical Center

Dear Dr. Montaña,

Good day!

Respectfully submitting the Accomplishment Report of Public Health, Emerging Disease & Wellness Unit covering calendar year, 2021.

Thank you so much for the continued support.

Respectfully yours,

Lino Y. Macasaet MD, MPH
Chair, Public Health, Emerging Disease and Wellness Unit

/rts

*Respectfully received
Dr. Emmanuel Montaña Jr.
PH&DWU.*



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Jose R. Reyes Memorial Medical Center
Public Health, Emerging Disease and Wellness Unit

2021 Accomplishment Report

Introduction

COVID-19 pandemic continued to be a health concern with the National Capital Region (NCR) including neighboring place having placed on different quarantine status from enhanced community quarantine to the present alert level 2. Though there was lowering of confirmed cases before the celebration of holiday season, the quarantine status during the year has continued to impose adherence to minimum public health standards and motivation to submission to vaccination. Our hospital still observes limitation in the delivery of health care services like decrease in number of catered patients, the limitations of face to face communication, observance of the practice of minimum health standards protocol wherein facial mask and shield, hand washing were a must. Along is the practice of at least 1 meter distance. Hence amidst the limitations, the Public Health, Emerging Disease and Wellness Unit submits its 2021 highlights of accomplishment.

Highlights of Accomplishment

I-Continuous linkage with DOH, Health Promotion Bureau (HPB), DOH NCR Metro Manila Center for Health Development (MMCHD) HEPO links, to keep abreast with the pandemic and other DOH Health event as a guide in the conduct of health information /dissemination activities.

- Continuously requested IEC materials from DOH Health Promotion Bureau (HPB) and DOH NCR Media Relation Unit and reproduced same for advocacy activities, COVID 19 awareness, prevention and control. Reproduced IEC were distributed to targeted /designated clinical units/offices/entrance gate and at OPD waiting area depending on the scheduled health event.
14- communication message
- Continuous utilization of TV monitors with videos at different strategic site as strategy in disseminating health information to the public especially on Covid-19 pandemic
 - OPD
 - Hospital lobby
 - Finger scanning area
 - Emergency Service Complex
 - Patient's Waiting Area

- Utilization of created social media page <https://www.facebook.com/publichealthJRRMMC> for information on COVID-19 and other health events for public awareness
292 posting =43,782 engagements (people reached)

II- Advocated in the nationwide campaign of Resbakuna - COVID-19 Vaccination Program aimed of motivating the public to practice minimum health standard protocol and the acceptance of -19 vaccine as an additional measure for the prevention and control of COVID 19 through:

- Series of orientation via face to face, pocket lecture and Zoom platform among hospital staff and employees including contractual.
- Posted tarpaulin/poster of RESBAKUNA at different strategic sites of the hospital for public awareness.
- Continuous airing of RESBAKUNA Covid-19 vaccine awareness videos At TV monitors installed at visible areas of the hospital.
- Participated as health educators in the scheduled Vaccination Program roll out done at OPD for employees/relatives.

III. Conduct of health education and awareness for employees and the public utilizing;

- Zoom platform for employees guided by DOH/JRRMMC health events. This is in coordination with the hospital stakeholders for the needed awareness
- DIGI board video play following DOH based health event at the OPD and Finger Scanning area for public view in observance of DOH monthly health events

1V. Participated/did documentation of the Vaccination Roll Out for Employees (A1, A2 and relatives) using Sinovac, Aztra Zeneca and Pfizer COVID 19 vaccine.
32 = vaccination roll out

V. Consolidated gathered data from the questionnaires for the initiated survey on the study titled" Knowledge, Attitude and Practices of Health Care Worker in the Prevention of COVID -19 approved by director's office with the aim of proposing plan for additional preventive measures out of the findings which were submitted for statistical analysis.

V1. Attended and initiated the DOH -AHA! Behavioral Design Consultancy Corporation on the program Address the Stress Journey which aimed to promote the mental health and well-being of health care workers participated by JRRMMC employees as follows;

Address The Stress Journey Participants	
Max Relax	129 employees
Greet and Treat	22 employees
Total	151

VI1. Accomplished and submitted weekly reports by HEPO's to DOH Promotion Bureau (HPB) DOH –NCR Metro Manila Media Relation Unit (HPMRU)

- Regional Task Force (RTF) = 53 reports
- Demand Generation report = 45 reports

VIII. Received, reviewed and filed Epidemiology Surveillance Reports on COVID 19 cases

VIII. Acquired the following equipment/materials to support educational/covid-19 campaign

- 1 unit TV installed at the OPD Patient's waiting area
- 2 Lapel and speaker for HEPO use during conduct of lecture
- 15 pcs. LED fan with COVID awareness signages
- 15 pcs. foldable fan
- 1 pc-laminator with laminating film included
- Assorted BIDA solusyon campaign materials
- pcs DOH calendar for 2022
- 300 pcs RESBAKUNA poster
- Tarpaulins
- 20 Coffee table standee
- Streamers
- 10 Advocacy T shirts
- 20 BIDA Solusyon Note pads
- Fliers for Vaccination and Iwas Paputok campaign
- 30 Floor decals depicting minimum health protocols
- Other collaterals

IX. Participated in the coordination activities for the safe celebration of IWAS Pautok 2021 and campaign

- Digi board plays on IWAS Paputok Awareness/campaign
- Reproduction/distribution of Iwas Paputok Fliers

X. Attended meeting to hospital committee membership for updates and webinars for professional growth and development


CONCERNS:

- A. PHEDWU is intensifying health information and dissemination to the public through distribution of IEC materials, use of TV monitors, social media page and among employees to possibly conduct awareness through ZOOM media. Hence to facilitate the activity, a proposal for ZOOM platform is requested.
- B. Need for Information Technologist (IT) to assist in the laying of conceptualized IEC materials for the hospital and consumption of the public
- C. Need for an updated wellness committee coordinators as focal person to coordinate with for wellness program and activities as per DOH and hospital needs.

RECOMMENDATIONS:

- Allocation of budget for use in promotional materials/effective implementation of health promotion advocacies and activities during this time of pandemic i.e., ZOOM Platform, ink for printing of IEC materials
- Inclusion of Information Technologist (IT) to assist in laying out of IEC materials for hospital client's consumption as health promotion advocacy in the incoming human resource budget proposal.
- Update for the composition of different hospital and wellness committee for easy collaboration in the conduct of health information dissemination and activities guided by the DOH health events and our hospital top leading cases of mortality and morbidity in addition to COVID 19 pandemic.

Prepared by:


Rebecca T. Soliman RN, MAN
HEPO III

Noted by:


Lino Y. Macasaet MD. MPH
Chair-PHEDWU

ANNEX A - 2021 Health Events
National Deworming Month



Autism Consciousness Week



January 2021 Health Events

Schistosomiasis Awareness & Mass Drug Administration Month Food Safety Awareness



Goiter Awareness Week



Zero Waste Month



Liver Cancer and Viral Hepatitis Awareness and Prevention Month



World Leprosy Day



February 2021 Health Events Philippine Heart Month



Oral Health Month



Leprosy Control Week



National Cancer Awareness Month



National Health Insurance Month



National Awareness Week for the Prevention of Sexual Abuse and Exploitation



National Down Syndrome Consciousness Month



March 2021 Health Events

Colorectal Cancer Awareness Month



International Ear Care Day



National Women's Day



World TB Day



Rabies Awareness Month



April 2021 Health Events

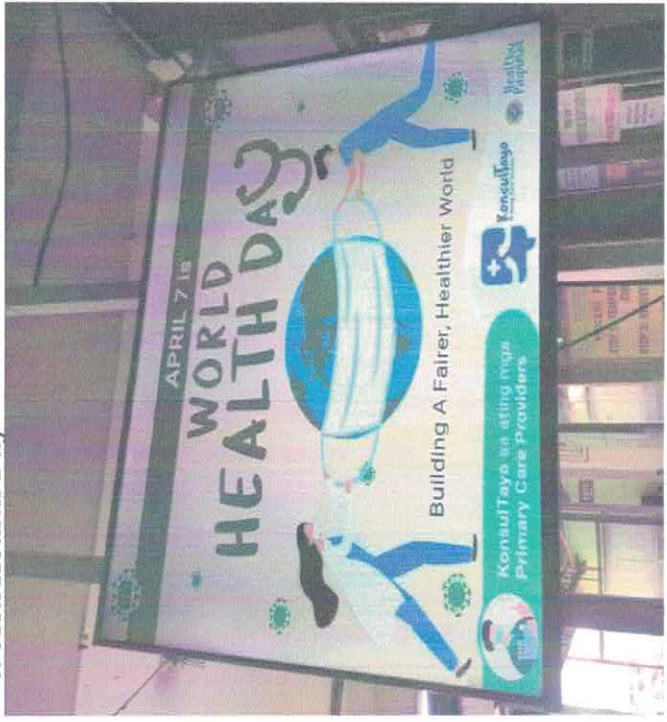
Head and Neck Consciousness Week



National Hemophilia Awareness Month



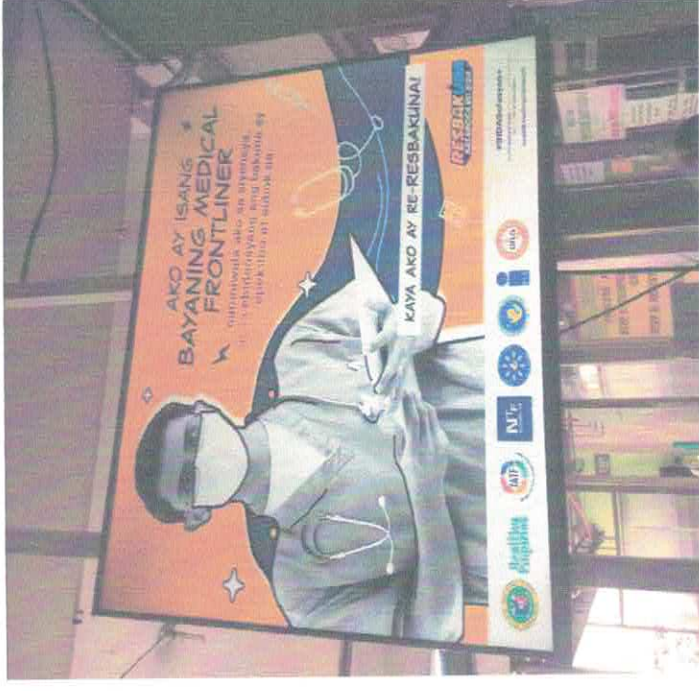
World Health Day



World Malaria Day



World Health Worker Week



World Immunization Week

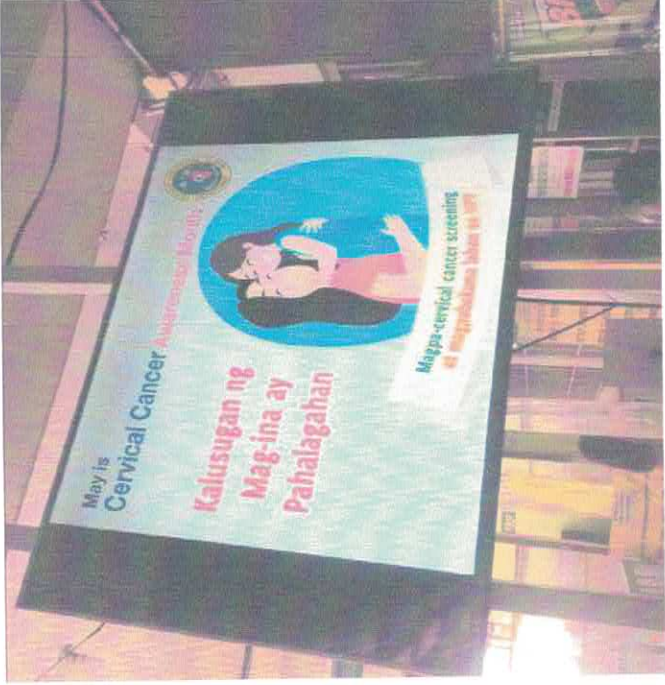


May 2021 Health Events

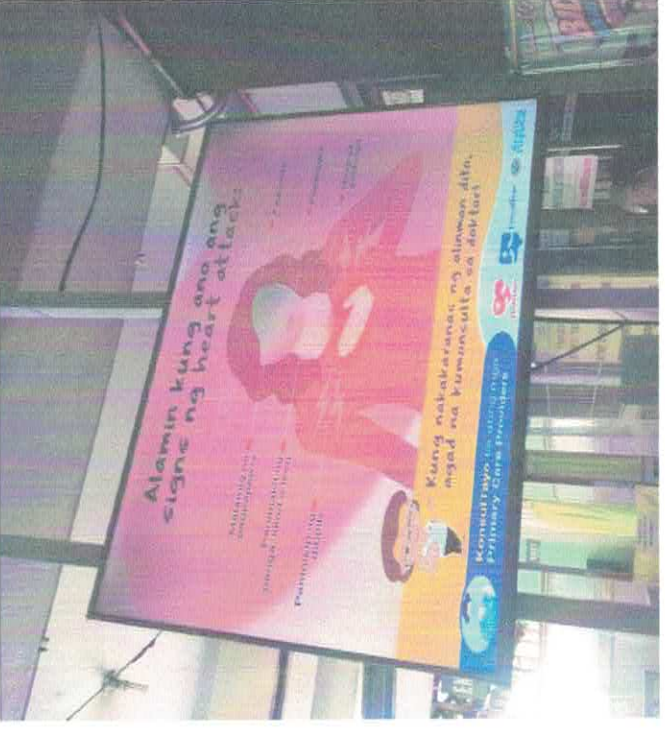
AIDS Candlelight Memorial Day



Cervical Cancer Awareness Month



Hypertension Awareness Month



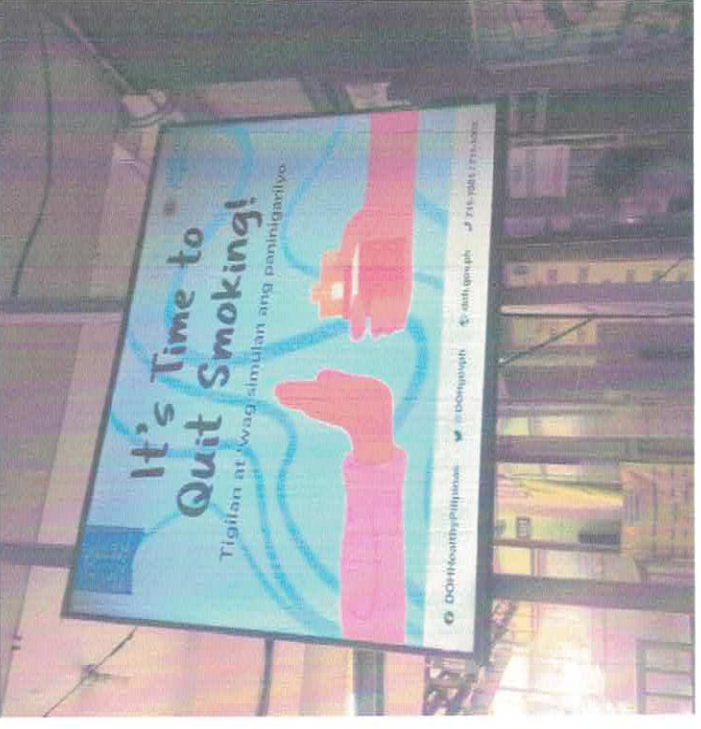
International Thyroid Awareness Week



Safe Motherhood Week



World No Tobacco Day



June 2021 Health Events

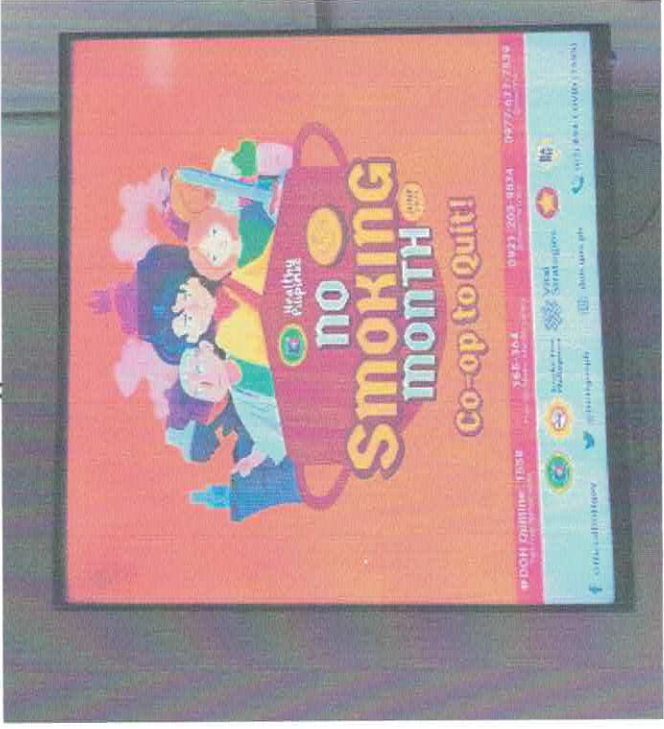
International Day Against Drug Abuse and Illicit Trafficking



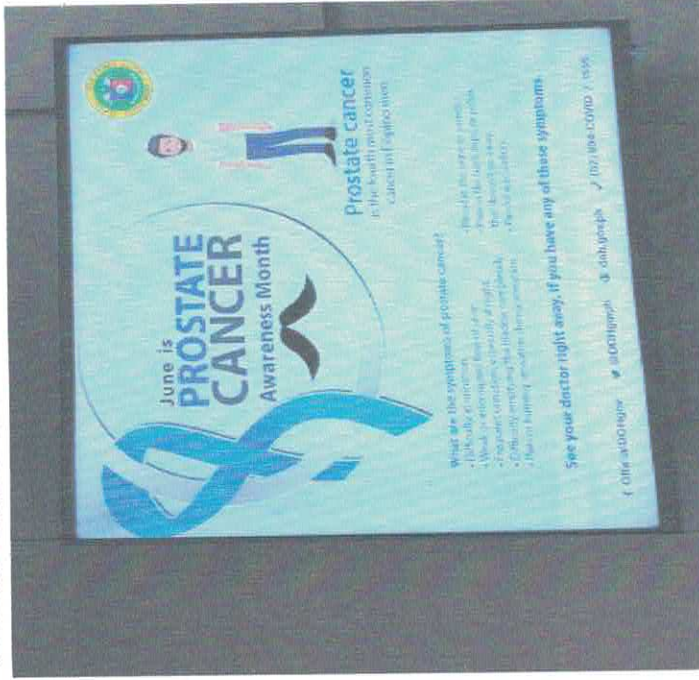
National Kidney Month



National No Smoking Month



Prostate Cancer Awareness Month



Dengue Awareness Month

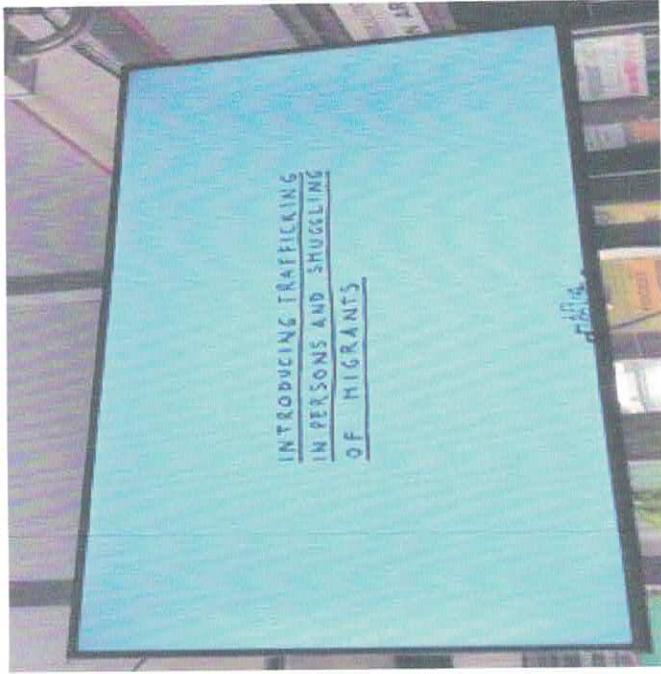


National Safe Kids Week



July 2021 Health Events

World Day Against Trafficking in Person



Nutrition Month



National Disaster Resilience Month



National Disability Prevention and Rehabilitation Week



National Blood Donors Month



Diabetes Awareness Week



August 2021 Health Events

Family Planning Month



Linggo ng Kabataan



National Breastfeeding Month



National Lung Month



Sight Saving Month



September 2021 Health Events

Alzheimer's Disease Awareness Week



Generics Awareness Month



National Epilepsy Awareness Week



World Environmental Health Day



World Patient Safety Day



World Rabies Day



World Suicide Prevention Day



October 2021 Health Events

Breast Cancer Awareness Month



Global Handwashing Day



Health Education Week



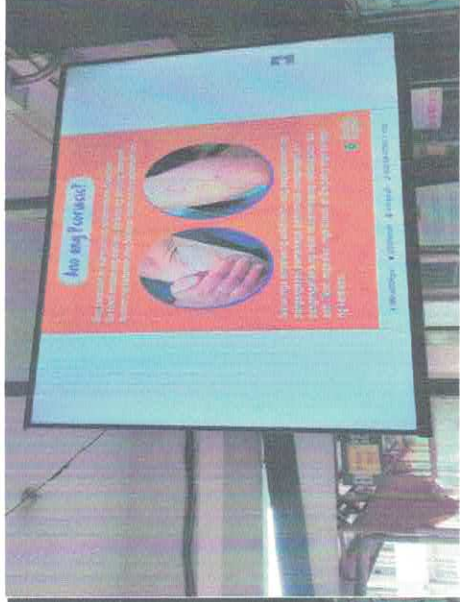
National Mental Health Week



National Newborn Screening Week



World Psoriasis Day

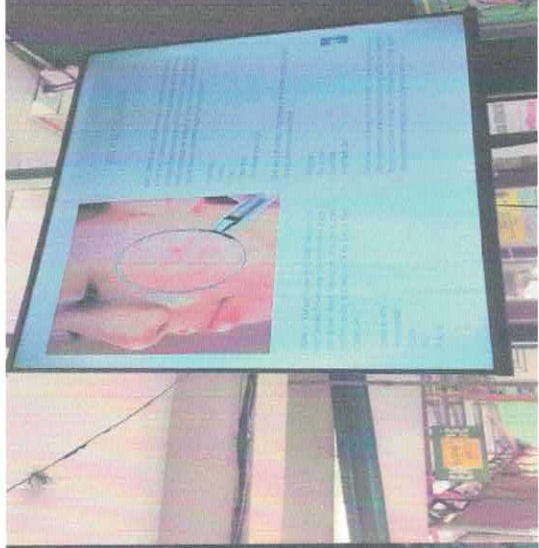


Food Safety Awareness Week



November 2021 Health Events

18 Day Campaign to End Violence Against Women Chronic Obstructive Pulmonary Disease Awareness Day National Skin Disease Detection and Prevention Week World Diabetes Day

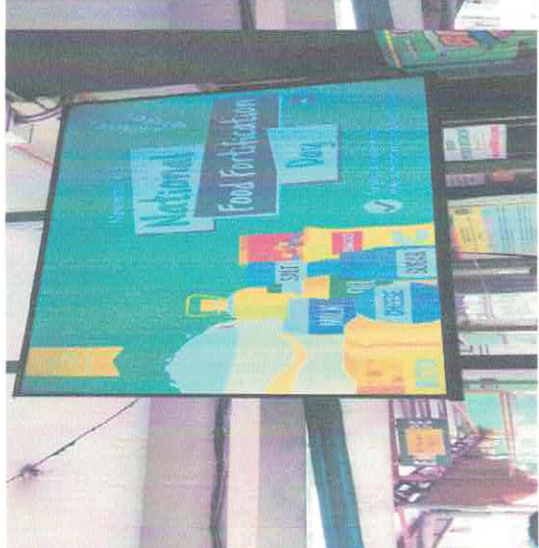


Filariasis Awareness Month

Lung Cancer Awareness Month

National Food Fortification Day

Traditional and Alternative Health Care Month



December 2021 Health Events

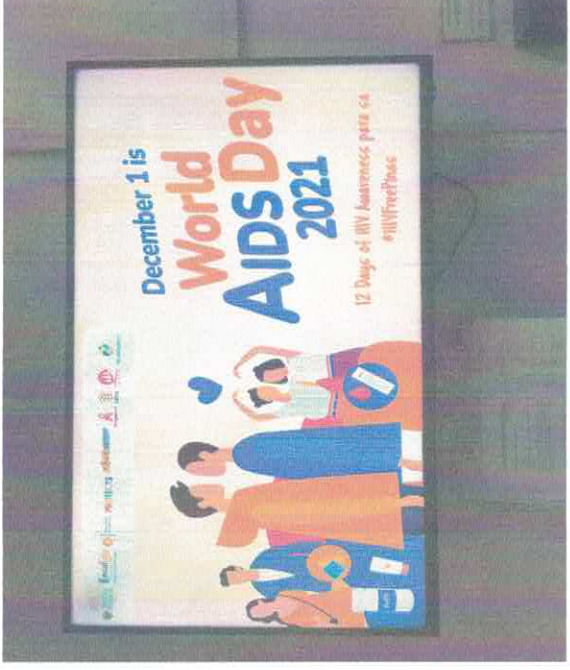
Ear, Nose and Throat Consciousness Week



International Day of Persons with Disabilities



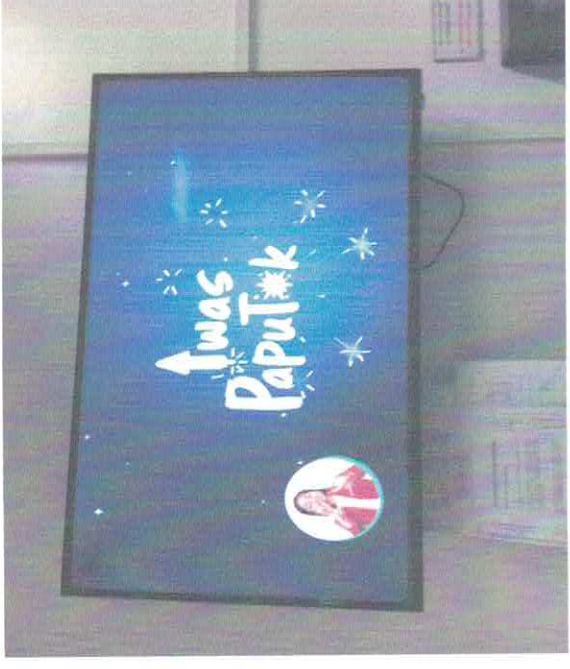
World AIDS Day



National Health Emergency Preparedness Day



Firecrackers Injury Prevention Month



2nd Quarter IEC Materials

Pwede ba akong Magpabakuna?



PWEDE BA AKONG MAGPABAKUNA?

OO, PERO MAY KARACDANG PAG-IINGAT!

- ✓ MAY SAKIT SA PAGDURUGO O KASALUKUYANG UMIINOM NG BLOOD THINNERS
- ✓ MAY ALLERGY SA PAGKAIN, ITLOG, O GAMOT
- ✓ MAY HISTORY NG ASTHMA

OO, PERO IPAGPAPALIBON NIYA

- 1. KASALUKUYANG MAY IMPEKSYON NG COVID-19 O MAY SINTOMAS NA: LAGNAT / PANGINGING, PANGHIHINA, UBO, SIPON, PANANAKIT NG ULÓ, LALAMUNAN O KALAMUNAN, KAWALAN NG PANLASA O PANG-AMÓY, HIRAP SA PAGINGASA, RASHES
- 2. MAY EXPOSURE SA CONFIRMED O SUSPECT NA KASO NG COVID-19 SA NAKARAANG 14 NA ARAW
- 3. NAKAKUIHA NG CONVALESCENT PLASMA O MONOCLONAL ANTIBODIES PARA SA COVID-19 MITONG NAKARAANG 90 NA ARAW
- 4. NASA UNANG 3 BUWAN NG PAGBUBUNTIS
- 5. NAKAKUIHA NG KAHIT NA AMONG KLASENG BAKUNA SA NAKARAANG 14 NA ARAW
- 6. NA-ADMIT SA OSPITAL, NAKARAOON NG ATAKE, OR NAGBAGO NG GAMOT PARA SA CO-MORBIDITIES SA LOOB NG NAKARAANG 3 BUWAN
- 7. HYPERTENSIVE EMERGENCY O BLOOD PRESSURE >180/120 NA MAY SINTOMAS NG POSSIBLENG ORGAN DAMAGE

HINDI PWEDE

- ✗ MAS MABABA SA 18 YEARS OLD
- ✗ ALLERGY SA MGA SANGKAP NG BAKUNA (HAL: POLYSORBATE, PEG)
- ✗ MALUBHANG REAKSYON (HAL: ANAPHYLAXIS) SA UNANG DOSE NG BAKUNA

- * MGA SENYALES AT SINTOMAS NG TARGET ORGAN DAMAGE SA HYPERTENSIVE EMERGENCY, PANANAKIT NG ULÓ, PANKALABO NG MATA, HIRAP SA PAGINGASA, PANANAKIT NG ORIHON, ATBP
- * KISALUKUYANG UMIINOM NG STEROIDS, NA LALAROG SA 14 NA ARAW O ALING ANG DOSE AY HIGIT SA 20 MG PANG-ARAW PANG-ARAW SA PREDISPOSE

- * PARA SA MAY ALLERGY SA PAGKAIN, ITLOG, GAMOT O MAY HISTORY NG ASTHMA, SILA AY IBIGANGINGING, PANGHIHINA, UBO, SIPON, PANANAKIT NG ULÓ, LALAMUNAN O KALAMUNAN, KAWALAN NG PANLASA O PANG-AMÓY, HIRAP SA PAGINGASA, RASHES, SILA AY PANGHAMPINGANG GABGEBE 23 U 25 NA SYRIWE PARA SA BAKUNA
- * ANG MGA DALING-NAGKASAKIT NG COVID-19 AY MAABONG MABAKUNAHAN PAGKATapos MAGRECOVER O MARIKOMPLETE ANG SIKAPAT

Para sa iba pang impormasyon, bumisita sa: www.doh.gov.ph @DOHgovph

4S Kontra Dengue IEC

- PANANO ITO NG WAGAS NG KASAMAAN SA COVID-19**
1. GUMAMIT NG FACIAL MASK
 2. UGALUNG MACHUGS NG GABIT ANG TISU BAPAG
 3. TROPAN ANG BIBIG AT ILONG
 4. PANATULIHIN ANG ISANG METRONG DISTANSYA MULA SA IBANG TAO
 5. PANATULIHIN NA MALINIS ANG KAPALIGIRAN
 6. PALAKASIN ANG RESISTENSYA
 7. SIGURADUHIN NAY SAPAT NA TULOS AT PAHINGGA
 8. KUMAIN NG MASUSTANSYA

TAMANG PARAAN NG PAGHIHUGAS NG KAMAY

MGA SINTOMAS NG DENGUE

Panano itaisalin ang dengue virus sa tao

PANANO MAGAGAMOT ANG DENGUE

- Walang pang-tyak na gamot para sa dengue, pero if meroing sintomas na katulad sa dengue, kumunulta agad sa doctor.
- Umimong ng maraming tulag/Over-the-counter medicine.
- Magpabigay sa bahay at wag magpaagad

4S KONTRA DENGUE

4S KONTRA DENGUE

- S** Supportive care o pag-alaga base sa sintomas ng maaring gamitin para sa mga may kaso ng Covid-19
- S** Supportive care o pag-alaga base sa sintomas ng maaring gamitin para sa mga may kaso ng Covid-19
- S** Supportive care o pag-alaga base sa sintomas ng maaring gamitin para sa mga may kaso ng Covid-19
- S** Supportive care o pag-alaga base sa sintomas ng maaring gamitin para sa mga may kaso ng Covid-19

JOSE R. REYES MEMORIAL MEDICAL CENTER
DEPARTMENT OF PEDIATRICS

Dengue vs. Novel Corona Virus?

Ang **DENGUE** ay kinakalat ng isang uri ng lamok, ang **Aedes Aegypti**. Ito ay kadilalang:

- nangangagat sa umaga
- nangangitlog sa malinaw na tubig tulad ng flower vases at nalipong tubig-ulán sa gulong o basyong lata.

Ang **CORONA VIRUS** ay pamilya ng mga virus na nagdudulot ng iba't ibang klaseng sakit, mula sa karaniwang ubo't sipon hanggang sa mas malubuhang impeksyon.

Sa malubhang kaso, maari itong maging sanhi ng pneumonia, Acute Respiratory Syndrome, problema sa baga at pagkamatay.

SINTOMAS NG COVID-19

Panano Naipapasa ang virus ng COVID-19? "Droplet Transmission"

Ang droplets mula sa pag-ubo at pagbahing ay maaring may dalang virus na nagdudulot ng COVID-19.

PANANO MAGAGAMOT ANG COVID-19

- Supportive care o pag-alaga base sa sintomas ng maaring gamitin para sa mga may kaso ng Covid-19

MAY MGA ILANG KASO NA NG DENGUE NA NAGING POSITIBO SA COVID-19, MAGDOBLE IINGAT!

PAGKAAHANTULAD NG SINTOMAS NG DENGUE FEVER AT COVID-19.

- Lagnat
- Pananakit ng karawán at kasukasaan
- Pagpusuka
- Masakit ang ulo
- Madalling pagkapagod

MAHALAGANG PAALALA: Ang "Close-Contact" ay malapitang interaksyon (isang metro) sa taasong may COVID-19 mula 4 na araw bago siya magkasinomas hanggang siya ay may karamdaman.

As of April 14, 2021 based on DOH 2021-01-57 and 2021-174.

3rd Quarter IEC Materials

Malutrisyon ay Patuloy na Labanan, FIRST 1000 Nutrisyon Tutukan!

First 1000 Days
ITO AY MAGSISIMULA SA PAG BUBUNTIS NG INA SA KANYANG ANAK HANGGANG SA IKA 2 TAONG GULANG NG BATA

HABANG BUNTIS
(270 DAYS)



- Magpa pre-natal check-up
- Kumain ng wasto at balansing pagkain
- Umimong ni-nisetang ferrous sulphate and folic acid
- Gumamit ng iodized salt sa pagluluto
- Manganak sa Lying-in clinic o sa Ospital.

Si baby 0 to 6 na buwan
(180 DAYS)



- Purong gatas lamang ng ina ang ibibagay kay baby sa unang 6 na buwan
- Patatagihan si baby ayon sa kanyang edad.
- Bigay ng Vitamina A si manay sa loob ng 1 buwan paglilapanganak.
- Kumain ng Wasto at balanseng pagkain ang nagpapasung ina

Si Baby 6 buwan hanggang 2 taon gulang
(560 DAYS)



- Bigyan ng karagdagan at angkop na pagkain si baby pagsapit ng ika 6 na buwan gulang
- Patuloy ang pagpapasung ng ina sa sanggot hanggang 2 taon
- Patatagihan si baby ayon sa kanyang edad
- Baniyan ang pagkain at timbang ng sanggot



**JOSE R. REYES MEMORIAL
MEDICAL CENTER**

NUTRITION AND DIETETICS MANAGEMENT

DEPARTMENT &

PUBLIC HEALTH EMERGING DISEASE AND WELLNESS UNIT

10 BUILDING BLOCKS
NG MALNUSOG NA FIRST 1000 DAYS

HALAGA NA MAPAPANTULING MALUSOG AT TAMA ANG TRISYON NI INAYAY AT BABY SA FIRST 1000 DAYS.

TAMAY SA MAHABANG LABANAN AYON SA MANGSANGGAP NG IKA 1000



1. SAKIT NG BUNTIS NG INANG MANGSANGGAP SA IKA 1000 DAYS
2. ANIMAL MILK SA MATH CENTERING SA IKA 1000 DAYS NG PINESES.
3. PANG-UMAY NG PANG-UMAY SA IKA 1000 DAYS
4. TUKOD SA BUNTIS NG INANG MANGSANGGAP SA IKA 1000 DAYS
5. MANGSANGGAP NG COMPLEMENTARY FEEDING SA IKA 6 NA BUWAN NG BABY PANG-UMAY SA IKA 1000 DAYS
6. PANG-UMAY SA IKA 6 NA BUWAN NG BABY SA IKA 1000 DAYS
7. PANG-UMAY NG PANG-UMAY SA IKA 6 NA BUWAN NG BABY SA IKA 1000 DAYS
8. MANGSANGGAP SA IKA 6 NA BUWAN NG BABY SA IKA 1000 DAYS
9. RELOYONG PANG-UMAY NG INANG MANGSANGGAP SA IKA 1000 DAYS
10. MANGSANGGAP SA IKA 1000 DAYS



Iwas Papatok IEC (2 Lay-outs)

↑ Iwas Papatok

Tipid Tips #3



Five Star vs



Kaldero ni Mama

Risks:

- Eye injuries
- Burns
- Gastos sa pagpapagamot
- Trigger ng Asthma/Ubo
- Environment pollutant
- Panganib sa Tetano


Risks:

- Galit ni Mudra

Note: Iwasang gumamit ng pyrex na kaldero ni Mamang.



Bakuna



Airflow



Mask



Hugas



Iwas



Healthy Pilipinas



Ligtas Christmas sa Healthy Pilipinas

Nagpapatok at Nasugatan?

What to do:

- ✓ Hugasan agad ng malinis at dumadaloy na tubig ang sugat.
- ✓ Takpan ng malinis na tela ang sugat para matwasan ang impeksyon at manatiling malinis ito.
- ✓ Dalhin ang biktima sa pinakamalapit na health facility

What not to do:

- Lagyan ng kung anu-ano ang sugat, tulad ng toothpaste, bawang, suka, atbp.
- Hayaan na ma-expose ang sugat sa dumi at foreign objects.
- Pagsasawalang bahala ang sugat at pabayaan ito.

Hassle noh?

Wag ka na kasi magpapatok

↑ Iwas Papatok



Bakuna



Airflow



Mask



Hugas



Iwas



Healthy Pilipinas



Ligtas Christmas sa Healthy Pilipinas

Recommended Booster Combinations



RECOMMENDED BOOSTER DOSE COMBINATIONS FOR PRIORITY GROUP A1 (A1.1 TO A1.7)

PRIMARY VACCINATION	INTERVAL FOR BOOSTER	HOMOLOGOUS BOOSTER	HETEROLOGOUS BOOSTER
SINOVAC	AT LEAST 6 MONTHS	SINOVAC	ASTRAZENECA, PFIZER, MODERNA
ASTRAZENECA		ASTRAZENECA*	PFIZER, MODERNA
PFIZER		PFIZER	ASTRAZENECA, MODERNA
MODERNA		MODERNA	ASTRAZENECA, PFIZER
GAMALEYA SPUTNIK	AT LEAST 3 MONTHS	Not yet for implementation	ASTRAZENECA, PFIZER, MODERNA
JANSSEN		Not yet for implementation	ASTRAZENECA, PFIZER, MODERNA

*allowed but with precaution based on EIA

For more information, please refer to the
DOH Department Memorandum 2021-0484

SAMA-SAMA TAYO SA BIDA BAKUNATION!



ANNEX C 2021 Webinars Attended/ Programs Facilitated

2nd Qtr Webinars Attended/Programs Facilitated

May 18 International AIDS Candlelight Memorial

Department of Health
JOSE R. REYES MEMORIAL MEDICAL CENTER

**International AIDS
Candlelight
Memorial**

VIRTUAL AWARENESS

Theme: *Who Can I Turn To At This Time Of Pandemic?*

May 18, 2021
9:00 AM - 11:00 AM

https://us02.web.zoom.us/j/91XIG_dPPD4d8B3qKwmbh5w

May 21 How Not To Get Cervical Cancer

DEPARTMENT OF HEALTH
JOSE R. REYES MEMORIAL MEDICAL CENTER
PUBLIC HEALTH, EMERGING DISEASE & WELLNESS UNIT
OB-GYNE ONCOLOGY DEPARTMENT

In celebration of Cervical Cancer Awareness
Month invites you to a virtual Forum
Theme: **How Not To Get Cervical Cancer**

SPEAKERS:
DR. MAE PANALIGAN
DR. LILLI MAY COLE

FRIDAY | MAY 21, 2021
WEBINAR VIA ZOOM
STARTS AT 9 AM

LINK:
https://us02.web.zoom.us/j/91XIG_dPPD4d8B3qKwmbh5w

June 17 SOGIESC Awareness

HAPPY PRIDE MONTH

YOU ARE INVITED!!!

as we celebrate diversity and inclusion this Pride Month...

VIRTUAL AWARENESS ON SEXUAL ORIENTATION, GENDER IDENTITY AND EXPRESSION + SEXUAL CHARACTERISTICS (SOGIESC)

June 17, 2021, 9:30 AM - 11:11:00 AM

https://us02.web.zoom.us/j/91XIG_dPPD4d8B3qKwmbh5w

June 28 Researching the Rainbow (LGBTQIA)

UNIVERSITY OF THE PHILIPPINES SCHOOLS OF HEALTH
In partnership with
proudly presents

Researching the Rainbow

A Webinar on Doing LGBTQIA+ Research in the Philippines

June 28, 2021 | 4:00 PM - 6:00 PM
via Zoom and Facebook Live

Register at bit.ly/Pride2021Webinar
See you there!

3rd Qtr. Mental Health Nudges—Max Relax Package Recipe-

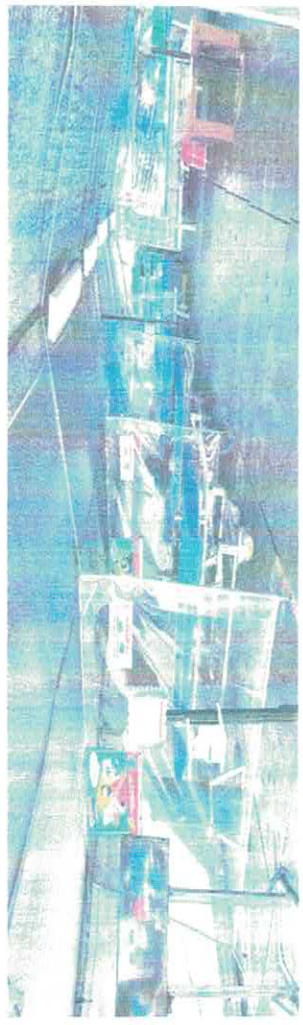


4th Qtr IEC Distribution

Recommended Booster Combination and 2022 Healthy Pilipinas Campaign



2021 Ligtas Christmas and 2022 Iwas Paputok Program



ANNEX D 2021 Vaccination Lectures

Dear John Agency

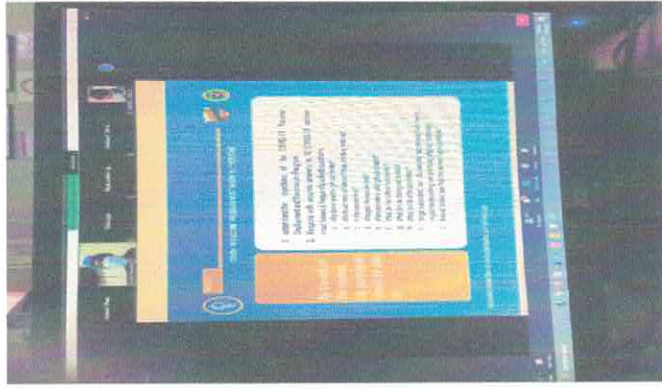


Security Department



1st Qtr Vaccination Lecture

February 23—Vaccination Awareness Spearheaded by PHEDWU



1st Qtr Vaccination

Mar 3 (First Dose Sinovac)



Mar 4 (First Dose Sinovac)



Apr 5 (Second Dose Sinovac)



Apr 6 (Second Dose Sinovac)



2nd Qtr Vaccination

Apr 10 Vaccination



Apr 19 Vaccination



May 5 Vaccination



June 4 Vaccination



3rd Qtr Vaccination

August 13 Vaccination



August 16 Vaccination



Sept 24 Vaccination



DATE	NO. OF VACCINATED	NO. OF VACCINATED	NO. OF VACCINATED	NO. OF VACCINATED
4	0	0	0	4
0	0	0	0	0
0	0	0	0	0
378	0	0	0	378
0	0	0	0	0
382	0	0	0	382

Page 1

Sept 27 Vaccination

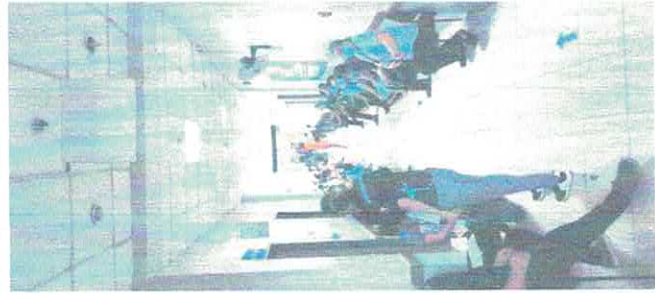


4th Qtr Vaccination

November 24 Vaccination



December 6 Vaccination

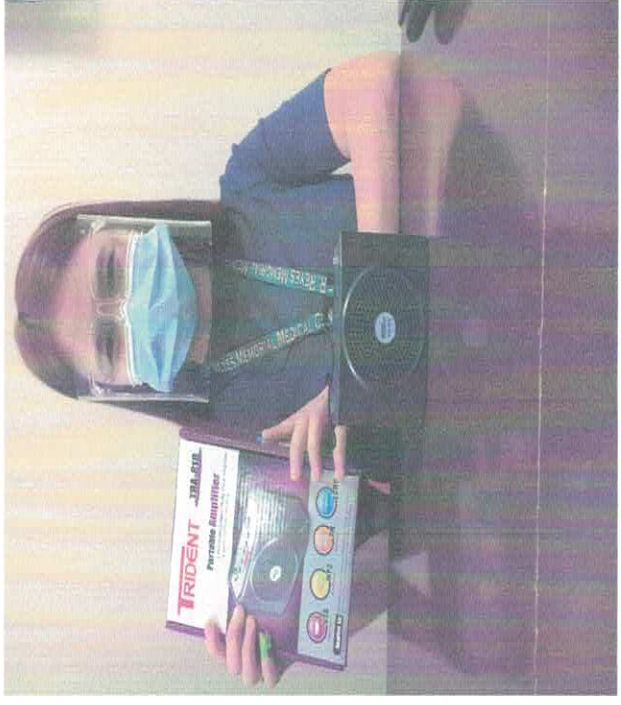


PHARMACY VACCINATION COUNTER	
24-Nov-21 Wednesday	
Pfizer / BioNTech (Booster)	97
ASTRAZENECA 1ST DOSE	97
TOTAL	194

PHARMACY VACCINATION COUNTER	
24-Nov-21 Wednesday	
Pfizer / BioNTech (Booster)	138
ASTRAZENECA 1ST DOSE	16
ASTRAZENECA 2ND DOSE	3
TOTAL	157

ANNEX E 2021 Acquired and Distributed DOH Received Campaign Materials

2 Units of Lapel for Lectures and Information Dissemination

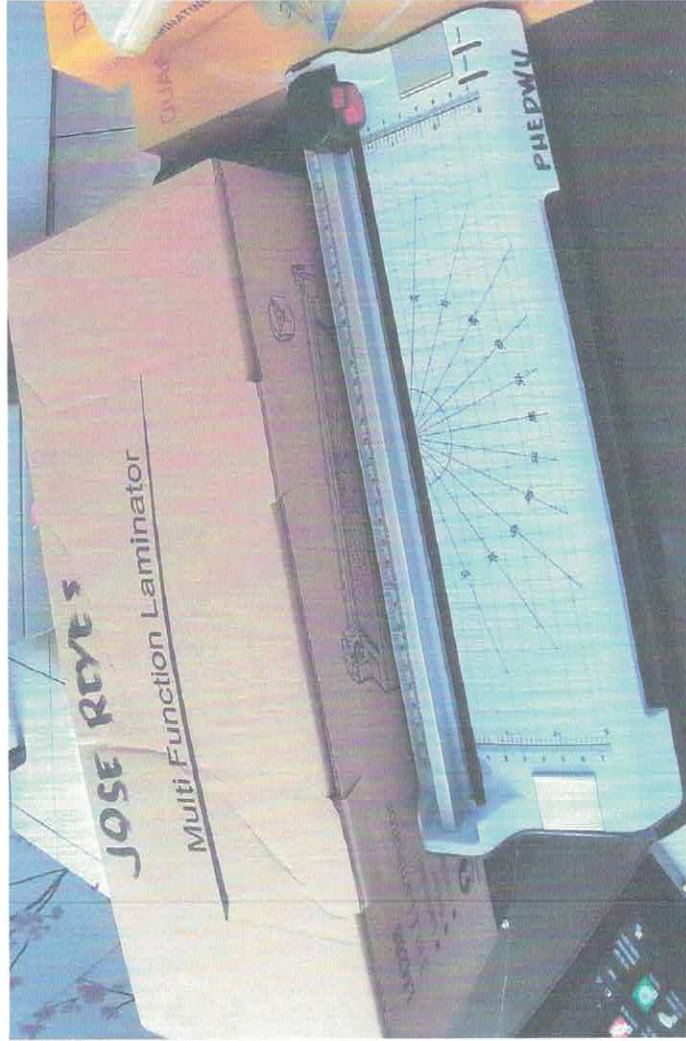


LED Fans with COVID-19 Prevention Instructions



Acquired and Distributed DOH Received Campaign Material(s)

1 unit of laminating machine and 200pcs laminating films



3 (2 copies each) hardbound posters from MMCHD:

BIDA SOLUSYON PLUS+

BAWAL WALANG MASK
ISANITIZE ANG MGA KAMAY
DUMISTANSYA AT LEAST ISANG METRO
ALAMIN ANG TAMANG IMPORMASYON
SUPPORTAHAN ANG FDA APPROVED NA BAKUNA

DEPARTMENT OF HEALTH
 METRO MANILA CENTER FOR HEALTH DEVELOPMENT
 HEALTH PROMOTION AND MEDIA RELATIONS UNIT
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Mga Ka-Partner

APAT NA PANGUNAHING URING NON-COMMUNICABLE DISEASES

SAKIT SA PUSO AT DALUYANING DUGO **DIABETES**
SAKIT SA BAGA AT DALUYANING HANOHAN, SAKITING PANINIGIRILTO **CANCER**
PAANO ITO MAIWASAN?
MAKARORON NG HEALTHY DIET
 Iwasan ang labis na pag-inom ng alak. Iwasan ang mga pagkain na may maraming karami ng asukal at ganyan.
MAKARORON NG REGULAR NA EHERSISYO
 Turn down the TV. Turn up the exercise.
 Turn off the TV. Turn on the exercise.
 Turn off the TV. Turn on the exercise.

DEPARTMENT OF HEALTH
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MGA PAALALA SA PROESO NG PAGBABAKUNA

STEP 1 PRE-REGISTRATION
 • Mag-register online sa inyong LGU.
 • Ilistahan ang tekting imong LGU para sa kumpirmasyon kung saan at saan magbabakuna.
 • Kung walang sajakang may online registration, mag-ingat sa mga pakikipag-ugnayan sa Health Office o sa mga Health Promoter sa inyong lugar.

STEP 2 REGISTRATION AND COUNSELLING
 • Sa arang pagbabakuna, magdala ng ID at pakete ng tekting nangangailangan sa inyong LGU.
 • Sa counseling, pagpapaliwanag ang mga impormasyon, patunghin sa bakuna, Pribahar ang consent form.

STEP 3 SCREENING
 Kayo ay tatanungin ukol sa estado ng inyong kalusugan.

STEP 4 VACCINATION
 Ito ang aktwal na proseso ng pagbabakuna.

STEP 5 MONITORING
 Manatili ng 15-30 minutes para maobserbahan ng medical staff kung kayo ay may hindi magandang nararamdaman.

• Siguraduhing bumalik sa ischedul para sa pangalawang dose ng bakuna
 Laging tandaan ang pagsunod sa Minimum Public Health Standard.

BAWAL WALANG MASK **D**UMISTANSYA AT LEAST ISANG METRO **A**LAMIN ANG TAMANG IMPORMASYON **S**UPPORTAHAN ANG FDA APPROVED NA BAKUNA

RESBAKUNA
 KASAMANG MGA BIDA

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Acquired and Distributed DOH Received Campaign Material(s)

Coffee Table Standee Recipients



2022 Healthy Pilipinas Calendar Distribution



Floor Decals endorsed to FMD



BIDA Solusyon Notepad and Resbakuna Pediatric Vaccination Tarpaulin

