



REPUBLIC OF THE PHILIPPINES  
 DEPARTMENT OF HEALTH  
 JOSE R. REYES MEMORIAL MEDICAL CENTER  
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

JOSE R. REYES MEMORIAL MEDICAL CENTER  
 Office of the Medical Center Chief  
**RECEIVED**  
 Date: OCT 07 2021 Time: 9  
 By: BONY S. OLIVON  
 ID No. 600182

**Public Health, Emerging Disease and Wellness Unit**

05 October 2021

**Emmanuel F. Montaña Jr., MD, FPCS, FACS, MHA**  
 Medical Center Chief II  
 This Medical Center

Jose R. Reyes Memorial Medical Center  
**RECEIVED**  
 ANNA MARIE KOLON  
 I.D. No. 600226 10/5/21  
 Chief, Medical Professional Staff

**THRU: Wenceslao S. Llauderer, MD, MPM-HG**  
 Chief Medical Professional Staff II  
 This Medical Center

Dear Dr. Montaña,

Good day!

Respectfully submitting the Third Quarter Report of Public Health, Emerging Disease & Wellness Unit conducted for the period of July to September, 2021.

Thank you so much for the continued support.

Respectfully yours,

*Handwritten signature of Lino Y. Macasaet*

Lino Y. Macasaet MD, MPH  
 Chair, Public Health, Emerging Disease and Wellness Unit

/rts

*Respectfully submitting  
 quarterly report (July - September/21)  
 of PHEDWU.*

*EMMANUEL F. MONTAÑA JR. MD, FPCS, MHA*  
 Medical Center Chief II

OCT 07 2021





**Accomplishment Report**  
3<sup>rd</sup> Quarter of 2021

**Background:**

For the early part of July, NCR's quarantine status was General Community Quarantine (GCQ). The IATF noted slight decrease in the number of Covid -19 cases and minimally allowed mobility of people considering some form of economic recovery. But later during the month of August, huge increase in the number of Covid19 cases and variants of concern were again reported thus quarantine status was shifted to Modified Community Quarantine (MECQ). Due to Covid-19 surge NCR was placed under Enhance Community Quarantine (ECQ) status during the 1<sup>st</sup> week of September which was shifted to a week Modified Enhanced Community Quarantine (MECQ) with heightened restriction as there are still increase in the number of Covid19 cases and variants of concern. For the last 2 weeks of the month NCR was placed under alert level 4, which is a new classification of quarantine alert system. Hence, to contain the transmission of the disease we still have to observe practice of minimum health standard protocol so as with limitation of face-to-face communication though with 4 day duty/week. The Public Health, Emerging Disease and Wellness Unit humbly submits the following accomplishment:

I- Continuous linkage with DOH, Health Promotion Bureau (HPB0), DOH NCR MMCHD, HEPO links, to keep abreast with the pandemic and other DOH Health event as a guide in the conduct of health information /dissemination activities.

A. Formulated Risk Communication Plan to intensify public awareness/health information on the Prevention and Control of *COVID- 19* and on other programmed health events in addition to existing IEC materials:

1. 10 Bagay na dapat Malaman Tungkol sa COVID-19 Vaccine
2. Fact Sheet for Recipients and Caregivers
3. Fact Sheet for Corona VAC
4. Fact Sheet on Astra Zeneca
5. Side Effects of COVID 19 Vaccination
6. Pwede Ba Akong Magpabakuna?  
In connection with July Health Events
7. Malnutrisyon Patuloy na Labanan. First 1000 Days Tutuka

\* Distribution Of Above Risk Communication /IEC materials at different strategic areas of tnhe hospital as follows;

1. Offices
2. Finger Scanning Area
3. Clinical Wards



**REPUBLIC OF THE PHILIPPINES**  
**DEPARTMENT OF HEALTH**  
**JOSE R. REYES MEMORIAL MEDICAL CENTER**  
San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

---

4. Emergency Room Triage Area
  5. OPD Patients Waiting Areas
  6. Main Entrance/Gate for Employees
  7. Side gate for Patients/Watchers/Visitors
  8. Operation Center/HEMS Office
  9. OPD Gate
  10. JRRMMC Annex (Geriatric and General Health Services)
  11. Vaccination site –OPD 1<sup>st</sup> floor during scheduled vaccination roll out
- B. DIGI board media playback of Covid19 & scheduled health event at the different strategic location of the hospital
1. OPD Waiting area-for relatives of ICU patients, OPD patients scheduled for the day
  2. OPD help desk- for public view of employees and clients transacting business at the Out Patient Department
  3. Finger Scanning Area-Public view and awareness
  4. ESC medicine, Isolation area -for public awareness
  5. Medical Ward-patient and relatives view
  6. Hospital lobby-Public view for public awareness
  7. Vaccination site of the hospital (OPD 1<sup>st</sup> floor) during Vaccination roll out
- C. Use of social media page for information on COVID-19 for public awareness  
FB account - Public Health of Jose R. Reyes Memorial Medical Center with the Following Posting & Engagement;  
20 Postings      10, 251 engagements
- D. DIGI board video play following DOH based health event at the OPD and Finger scanning area for public view in observance of:

**July 2021**

- World Day Against Trafficking in Person
- Nutrition Month
- National Disaster Resilience Month
- National Disability Prevention and Rehabilitation Week
- National Blood Donors Month
- Diabetes Awareness Week

**August 2021**

- Family Planning Month
- Linggo ng Kabataan
- National Breastfeeding Month
- National Lung Month
- Sight Saving Month



**REPUBLIC OF THE PHILIPPINES**  
**DEPARTMENT OF HEALTH**  
**JOSE R. REYES MEMORIAL MEDICAL CENTER**  
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

**September 2021**

- Alzheimer's Disease Awareness Week
- Generics Awareness Month
- National Epilepsy Awareness Week
- World Environmental Health Day
- World Patient Safety Day
- World Rabies Day
- World Suicide Prevention Day

E. Videos at TV monitor continuously being played as medium for communication of health information and awareness, prevention and control of COVID 19 for patients & relatives at the OPD Complex

F. Accomplished and submitted Weekly Report for HEPO's at DOH NCR - MMCHD- on Risk Communication for the Prevention and Control of COVID-19

Regional Task Force (RTF) -----13reports  
 Demand Generation (for Vaccination) -----13reports

G. Advocated/Participated in the nationwide campaign of RESBAKUNA - COVID-19 Vaccination Program aimed of motivating employees public to practice minimum health standard protocol for the prevention and control of COVID 19 through;

- a. posted tarpaulin/poster of RESBAKUNA at different strategic sites of the hospital for public awareness
- b. Distribution of IEC materials in different areas of the hospital responding to frequently asked questions regarding the Vaccination campaign and current materials on health information and updates.
- c. Airing of RESBAKUNA/ COVID-19 Vaccination campaign and COVID -19 vaccine-related videos at TV monitors installed at visible areas of the hospital to increase demand for Covid 19 vaccination

e. Participated in the Vaccination Program Roll Out on the following dates;

<b>Dates</b>	<b>Type of Vaccines</b>	<b>Recipients</b>
July 2, 2021	Corona Vac, Aztra Zeneca	JRRMMC employees
July 19, 2021	Corona Vac	JRRMMC employees
August 13, 2021	Corona Vac, AZtra Zeneca	JRRMMC, employees, employee's relatives
August 16, 2021	Corona Vac, Aztra Zeneca	JRRMMC,employees, employee's relatives



**REPUBLIC OF THE PHILIPPINES**  
**DEPARTMENT OF HEALTH**  
**JOSE R. REYES MEMORIAL MEDICAL CENTER**  
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

September 13, 2021	Corona Zeneca	Vac,	Aztra	JRRMMC employees, employee's relatives
September 24, 2021	Corona Zeneca	Vac,	Aztra	JRRMMC employees, employee's relatives
September 27, 2021	Corona Zeneca	Vac,	Aztra	JRRMMC employees, employee's relatives

H. In observance of July-Sept.2021 health event, the following department/unit coordinated with PHEDWU on the following activities:

<b>Date/Department</b>	<b>Activities:</b>	<b>Objective/s</b>
<b>1. Nutrition and Dietetics Management Department-Nutrition Month</b> Theme: "Malnutrisyon Patuloy na Labanan, First 1000 Days Tutukan"		
July 2021	a. Display of Nutrition Month Tarpaulin theme b. Development & reproduction of IEC materials d. Audio Visual presentation of IEC on the campaign	> Raise Nutrition awareness Filipino families especially mothers.
<b>2. Physical Medicine &amp; Rehabilitation Department</b> National Disability Prevention and Rehabilitation Week		
July 19, 2021	Lecture on 9VIA a. Acupuncture for MSK Psycho emotional Issues Amidst the Pandemic No. of Attendees=93	>Awareness campaign on alternative medicine
July 21, 2021 AM	b. Gabay Para sa Ehersisyo sa Bahay ngayong COVID 19 Pandemic No. of Attendees=102	>Awareness on appropriate activities at home to promote physical activity
July 21, 2021 PM	c. Ready, Set, ErGO No. of Attendees=124	>Awareness on Proper Body Mechanics
<b>3. Division of hospitals-Hospital Week Celebration</b>		
August 6, 2021 and onwards	-DIGI play of submitted collated videos by different division to showcase their valuable activities during this period of pandemic	>to recognize efforts of the 4 division continue serving the clientele during this pandemic
<b>4. OB/Gyne Department</b> A. Breastfeeding Awareness Month (Lactation Management Training) Theme: "Tulong tulong sa Pagpapasuso sa First 1000Days"		
August 24 & 25 2021 (AM)	a. Lactation & Management Training (no. of attendees =375 b. Development &	> Raise awareness on the importance of



**REPUBLIC OF THE PHILIPPINES**  
**DEPARTMENT OF HEALTH**  
**JOSE R. REYES MEMORIAL MEDICAL CENTER**  
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

	reproduction of IEC materials c. Audio Visual presentation Of Breastfeeding, its awareness & importance	Breastfeeding on the First 1000 days of Life
<b>B. Family Planning Month</b> Theme: "Huwag Ipagpalit ang Kinabukasan . Resist and Prevent Teenage Pregnancy"		
August 25, 2021 (PM)	a. Interactive session on Teenage Pregnancy, HIV, Cervical Cancer and Family Planning No. of Attendees =350	>Create awareness on preventing Teen Age pregnancy, HIV, Cervical Cancer and Right choice of Family Planning method
<b>5. NCGH : National Lung Month</b> Theme: Stop TB NOW!		
August 25, 2021	WEBNar on: TB Prevention No of Attendees =15	>increase public awareness on the prevention of TB
<b>6. Gender and Development (GAD FPS)</b>		
August 27, 2021	Session on -Gender Fair Language in Communication No of Attendees =199	>generate awareness among employees on the importance of gender fair language in communication
<b>7. ABSNET-WEST ( Non-Government Organization from DSWD )</b>		
August 5, 2021	-Philippine Situation, COVID Variants - Health and Safety Protocols	>to create awareness on Covid 19, variants of concern and prevention and control

**II. Coordinated with HEMC orientation on Disaster Management and Drill at NCGH by Ms. Niña Leyte on the following activities;**

July 6,7, 8, & 21, 2021	>Orientation on Disaster Management >Disaster Management and Drills >Facility Audit -AM > Fire & earthquake Drill-PM > Actual Use of Fire Extinguisher
-------------------------	--

**III. Attended DOH - AHA! Behavioral Design Consultancy Corporation orientation Program, addressing the Stress Journey aimed of promoting mental health and well- being of health care workers where our hospital was represented by Dr. Escueta and Ms Niña Leyte. Consequently orientation for JRRMMC employees was conducted for the implementation of said program with the following attendees;**



**REPUBLIC OF THE PHILIPPINES**  
**DEPARTMENT OF HEALTH**  
**JOSE R. REYES MEMORIAL MEDICAL CENTER**  
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

DATE : September 20, 2021		
1:00-3:00 pm	Max Relax	131 employees
3:00-5:00 pm	Greet and Treat	22 employees
	Total=	153

IV. Distributed/submitted/filed the following Reports:

- Certificate of Attendance for Employees & staff who attended PEDWU May health event awareness
- July, August and September monthly census
- 2021 Quarterly Accomplishment Report
- PPMP for 2022
- Epidemiology Surveillance Report (ESR)
- Encoded PDS (updated) for year 2021

V. Attended meeting /orientation (VIA ZOOM) as follows;

a. Meeting

- July 15 and 28, 2021-MMCHD  
HEPO Cascading  
Agenda: (Jul15)-Regular Cascading of Information for NCR HEPO  
7 Priority Areas (DOH health program)  
Structure of MMCHD  
(Jul 28)-Communication- Packages  
Best Practices by LGUs and participating hospital  
UHC Updates
- July 26, 2021-IPPCCommittee  
Agenda: Orientation on How to Fill Up Health Declaration Form
- July 16,29 & 30, 2021 –GAD FPS Technical Working Group  
Agenda: GAD evaluation and Planning  
Workshop on the Gender Mainstreaming Evaluation  
Framework (GMEF)
- July 22, 2021 TB Committee chaired by Dr. E, Cadena  
Agenda: Planning for TB Program
- September 17 , 2021 -DOH, NCR-HPMRU  
Agenda-HEPO Cascading and updates on Vaccination Program and Best Practices
- September 19, 2021 – With Medical Center Chief and IPCC, Safety Officers and Focal Person  
Agenda: Prevention and Measures for prevention of Covid -19 transmission
- September 23, 2021-DOH, Disease Prevention & Control Bureau  
TWG on GHW  
Agenda: Response to comment on AO on Guidelines on the use and application of GHW on vapor products, heated tobacco products & other similar products



**REPUBLIC OF THE PHILIPPINES**  
DEPARTMENT OF HEALTH  
JOSE R. REYES MEMORIAL MEDICAL CENTER  
San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

**Public Health, Emerging Disease and Wellness Unit**

---

**b. Webinar (Awareness/Updates)**

- July 7, 2021 Behavioral Medicine  
-Assessment & Management of Psychiatric Emergencies
- July 30, 2021 HEICS
- -BLS Training –Ms. Niña Leyte
- August 2, 2021 -HEMS  
-BLS Training –Mr. Jose Mari Otazu
- August 24 & 25, 2021. (AM)- OB/Gyne Department  
Lactation Mgt “Tulong tulong sa Pagpapasuso sa First 1000Days”
- August 24, 2021 (PM)- OB/Gyne Department  
Family Planning Month Celebration  
“Huwag Ipagpalit ang Kinabukasan, Resist and Prevent Teenage Pregnancy”
- August 27, 2021-Over all Training Dept.  
-Korespondensiya Opisyal
- September 22, 2021 - DOH-NCR HPMRU  
-HEPO orientation on Health Promotion
- September 23, 2021- Anti Red Tape Committee  
-ARTA Awareness and updates
- September 28 and 29, 2021-ISO Team  
-Workshop on Formulation of Quality Objectives
- September 29,2021-MTRO and Dept. of Behavioral Medicine  
-Keeping Ourselves Cognitive Intact and Sane During Pandemic

**II. CONCERNS:**

- A.** PHEDWU is intensifying health information and dissemination to the public through distribution of IEC materials, use of TV monitors, social media page and among employees to possibly conduct awareness through ZOOM media. Hence to facilitate the activity, a proposal for ZOOM platform is requested.
- B.** Need for Information Technologist (IT) to assist in the laying of conceptualized IEC materials for the hospital and consumption of the public
- C.** Need for an updated wellness committee coordinators as focal person to coordinate with for wellness program and activities as per DOH and hospital needs.

**III. RECOMMENDATIONS:**

- Allocation of budget for use in promotional materials/effective implementation of health promotion advocacies and activities during this time of pandemic i.e ZOOM Platform, ink for printing of IEC materials.





**REPUBLIC OF THE PHILIPPINES**  
DEPARTMENT OF HEALTH  
JOSE R. REYES MEMORIAL MEDICAL CENTER  
San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

### **Public Health, Emerging Disease and Wellness Unit**

---

- Inclusion of Information Technologist (IT) to assist in laying out of IEC materials for hospital client's consumption as health promotion advocacy in the incoming human resource budget proposal.
- Update for the composition of different hospital and wellness committee for easy collaboration in the conduct of health information dissemination and activities guided by the DOH health events and our hospital top leading cases of mortality and morbidity in addition to COVID 19 pandemic.

Prepared by:

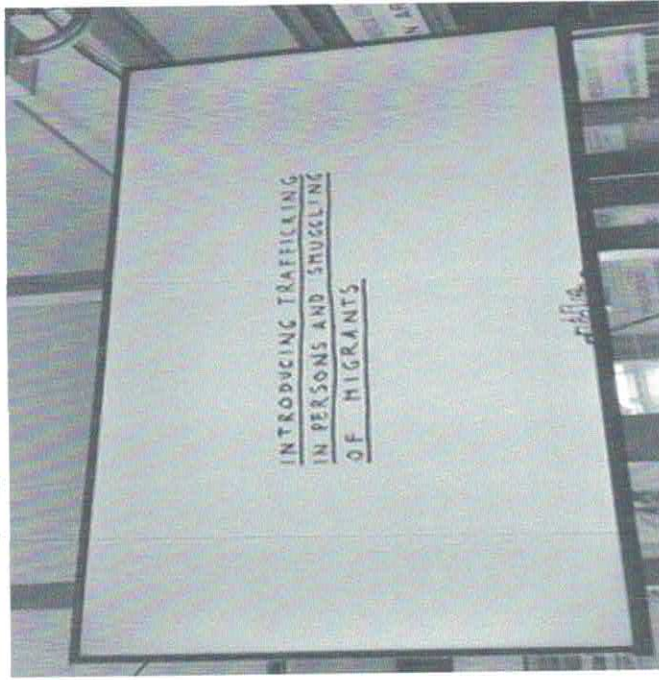
  
**Rebecca T. Soliman RN, MAN**  
HEPO III

Noted by:

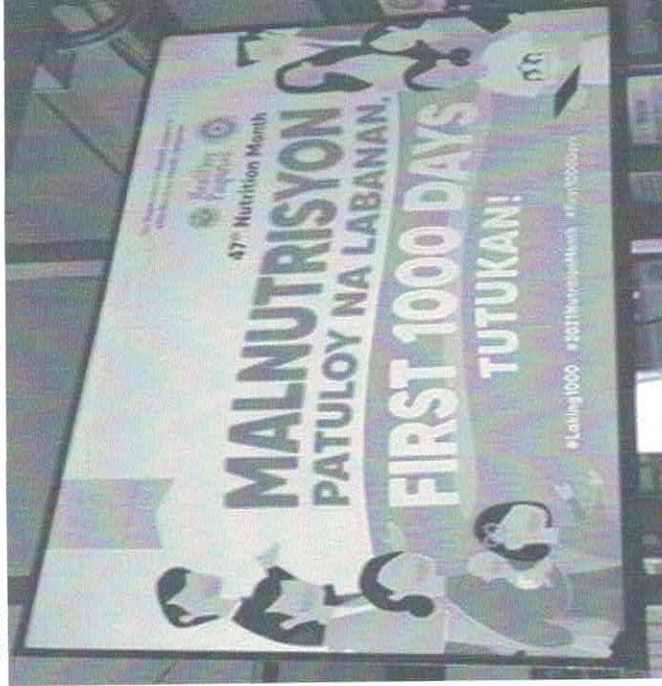
  
**Lino Y. Macasaet MD, MPH**  
Chair, Public Health Emerging Disease and Wellness Unit

July 2021 Health Events

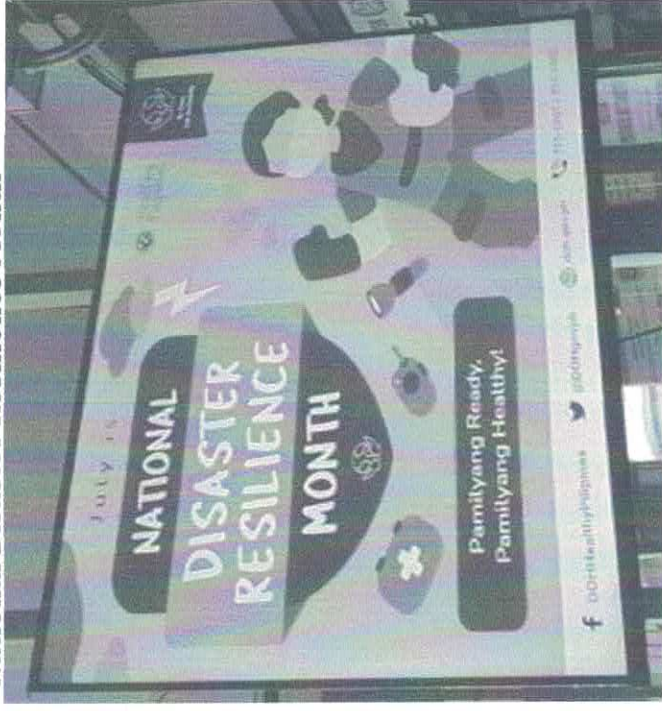
World Day Against Trafficking in Person



Nutrition Month



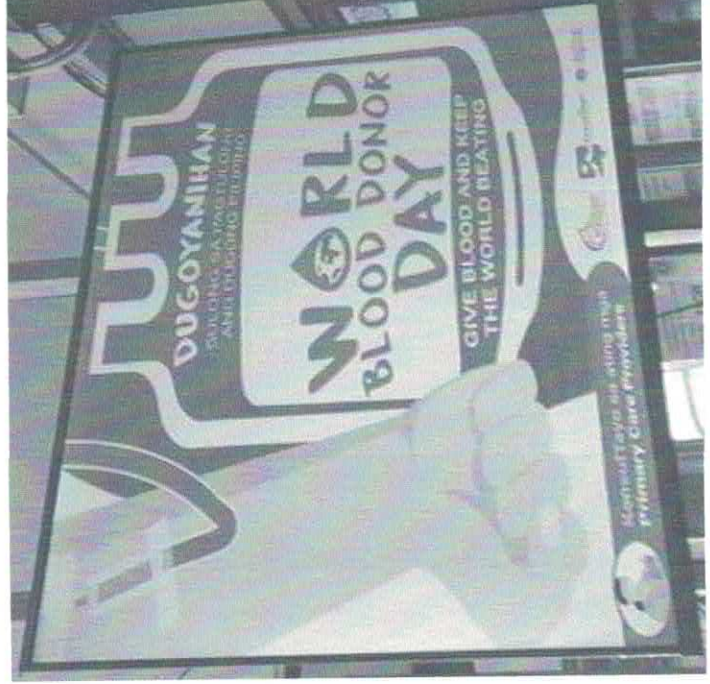
National Disaster Resilience Month



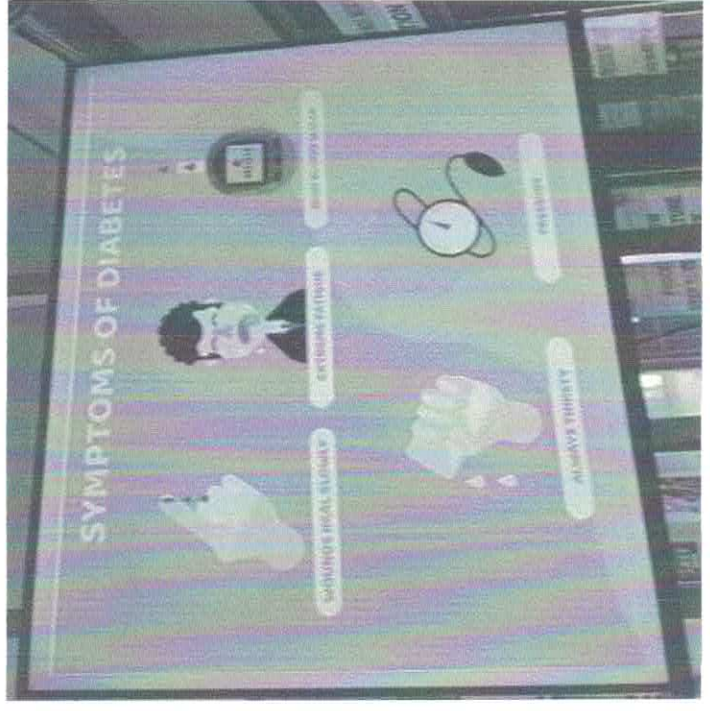
National Disability Prevention and Rehabilitation Week



National Blood Donors Month



Diabetes Awareness Week



August 2021 Health Events

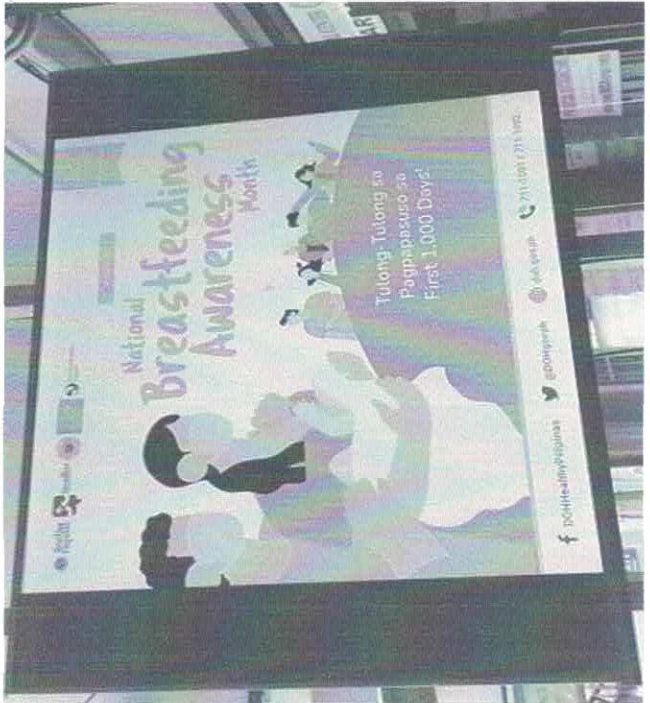
Family Planning Month



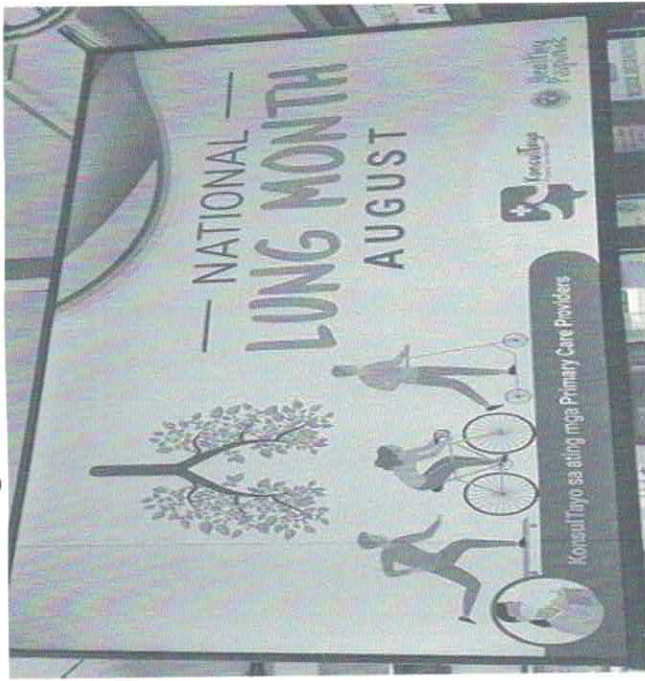
Linggo ng Kabataan



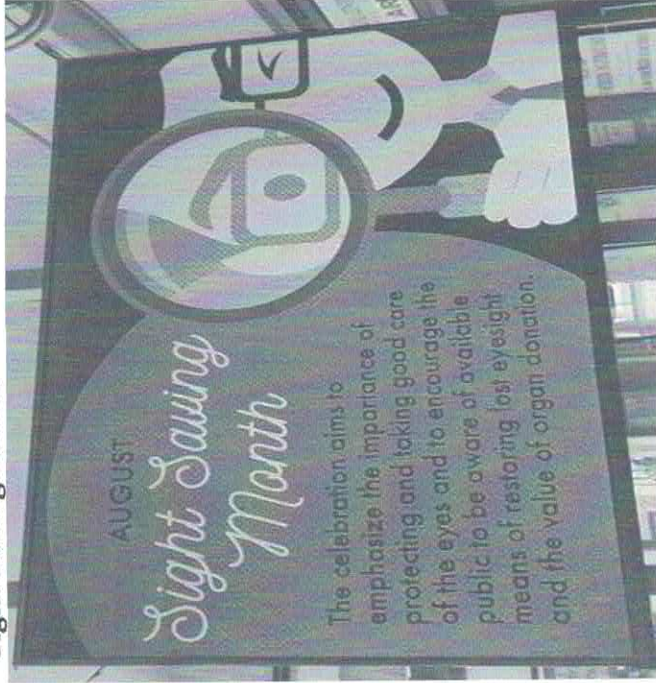
National Breastfeeding Month



National Lung Month



Sight Saving Month

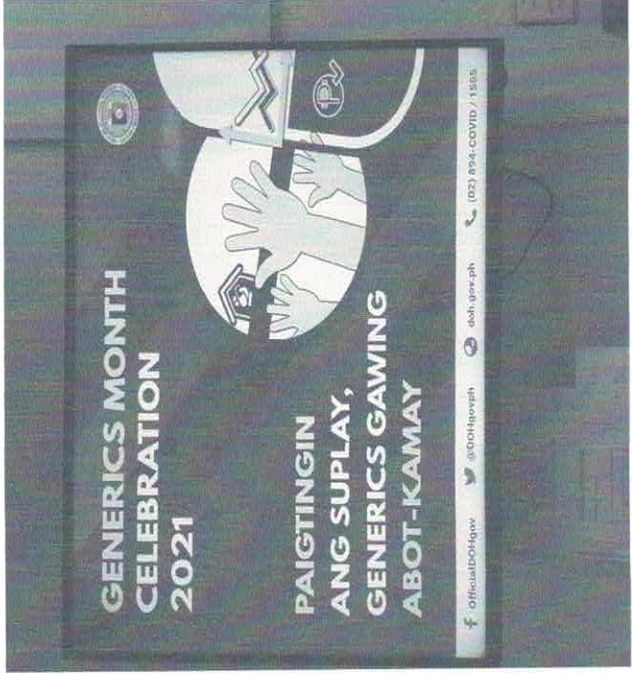


September 2021 Health Events

Alzheimer's Disease Awareness Week



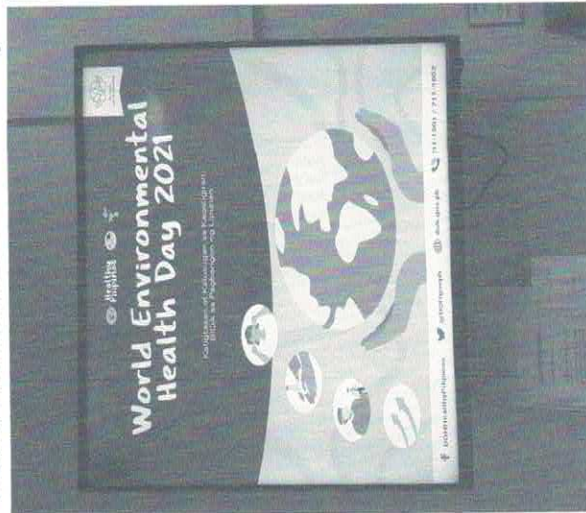
Generics Awareness Month



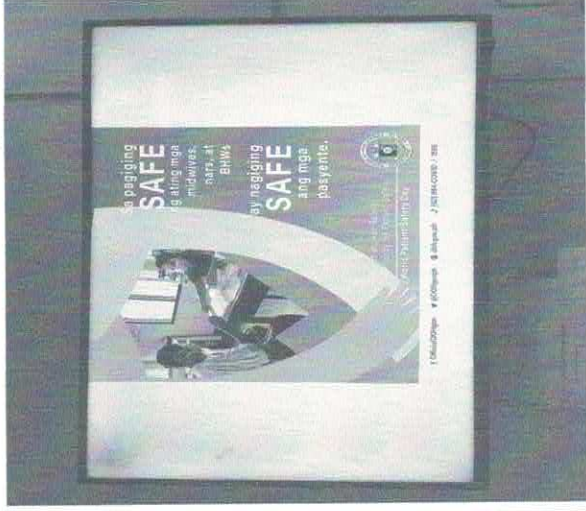
National Epilepsy Awareness Week



World Environmental Health Day



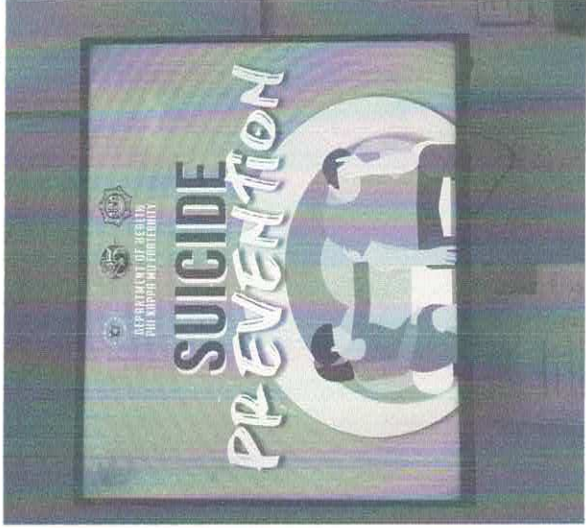
World Patient Safety Day



World Rabies Day



World Suicide Prevention Day



Malutrisyon ay Patuloy na Labanan, FIRST 1000 Nutrisyon Tutukan!



**HABANG BUNTIS**  
(270 DAYS)



- Magpa-pre-natal check-up
- Kumain ng waste at balansing pagkain
- Uminum ng niresetang ferrous sulphate and folic acid
- Gumamit ng iodized salt sa paglutob
- Mangamok sa Lying-in clinic o sa Ospital

Si baby 0 to 6 na buwan  
(180 DAYS)



- Purong patas lamang ng ina ang ibibigay kay baby sa unang 6 na buwan
- Pabalinahan si baby ayon sa kanyang edad.
- Bigyan ng Vitamin A si nanay sa loob ng 1 buwan pagpapanggapnak.
- Kumain ng Waste at balanseng pagkain ang nagpapapasung ina

Si Baby 6 buwan hanggang 2 taon gulang  
(550 DAYS)



- Bigyan ng karagdagan at angkop na pagkain si baby pagaspit ng ita 6 na buwan gulang
- Patuloy ang pagpapapasung ina sa sanggot hanggang 2 taon
- Pabalinahan si baby ayon sa kanyang edad
- Benatyan ang paglaki at timbang ng sanggot



**JOSE R. REYES MEMORIAL MEDICAL CENTER**

**NUTRITION AND DIETETICS MANAGEMENT DEPARTMENT &**

**PUBLIC HEALTH EMERGING DISEASE AND WELLNESS UNIT**



47th Nutrition Month

**MALNUTRISYON PATULUY NA LABANAN**

**FIRST 1000 DAYS TUTUKAN!**



**10 BUILDING BLOCKS FIRST 1000 DAYS**

**1** SAKAY SA BALANGKA PAMAMAY SA BUNTIS AT NAGPAPASUNG INA.

**2** AWARDAL LIST SA HEALTH CENTER NG PARENTS NG APAT O HUBT PANG BESIS.

**3** PANG-UMAY NG POMP-TECHNIC SUPPLIES SA BENTOS.

**4** EXERCISE SUGGESTION SA KANYANG KANYANG BUWANA HUBT.

**5** PASOSAN SA COMPLECTORY FEEDING SA MA-AMAY NA KUBANAN NG BUNTIS PAKSAMA ANG PATULUY NA PAGAPOSAL.

**6** PANGSAYAT KAY BABY NG BUNTIS BAKOD NG PAGKAIN PATA SA KANYANG COMPLECTORY FEEDING.

**7** PANGSAYAT NG PSYCHOLOGICAL SIMULATION SA BATA PATA SA KANYANG EARLY LEARNING.

**8** NAKATANG SA BANGKAY PATA MAY TITRISYON NA PANGKALANAN NG BABY AT NG PAMAYLA.

**9** REGULAR NA PANGMONTON NG TUMANGAY AT TUMANGAY NG MAMA BAKOD SA HEALTH CENTER.

**10** EXERCISE SA BANGKAY AT MALETTILAN NG BAKOD SA BUNTIS AT TUMANGAY.

**10 BUILDING BLOCKS FIRST 1000 DAYS**

**1** SAKAY SA BALANGKA PAMAMAY SA BUNTIS AT NAGPAPASUNG INA.

**2** AWARDAL LIST SA HEALTH CENTER NG PARENTS NG APAT O HUBT PANG BESIS.

**3** PANG-UMAY NG POMP-TECHNIC SUPPLIES SA BENTOS.

**4** EXERCISE SUGGESTION SA KANYANG KANYANG BUWANA HUBT.

**5** PASOSAN SA COMPLECTORY FEEDING SA MA-AMAY NA KUBANAN NG BUNTIS PAKSAMA ANG PATULUY NA PAGAPOSAL.

**6** PANGSAYAT KAY BABY NG BUNTIS BAKOD NG PAGKAIN PATA SA KANYANG COMPLECTORY FEEDING.

**7** PANGSAYAT NG PSYCHOLOGICAL SIMULATION SA BATA PATA SA KANYANG EARLY LEARNING.

**8** NAKATANG SA BANGKAY PATA MAY TITRISYON NA PANGKALANAN NG BABY AT NG PAMAYLA.

**9** REGULAR NA PANGMONTON NG TUMANGAY AT TUMANGAY NG MAMA BAKOD SA HEALTH CENTER.

**10** EXERCISE SA BANGKAY AT MALETTILAN NG BAKOD SA BUNTIS AT TUMANGAY.

# 3rd Qtr Vaccination

August 13 Vaccination



August 16 Vaccination



August 13 Vaccination



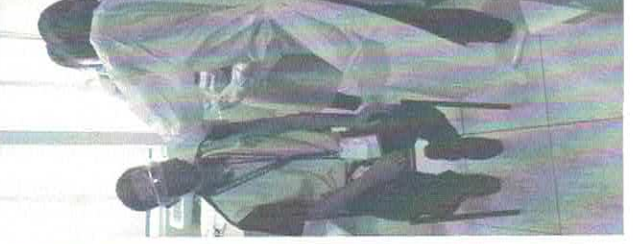
Category	Male	Female	Total
4	0	0	0
0	0	0	0
378	0	0	0
0	0	0	0
TOTAL	312	0	0

Page 1

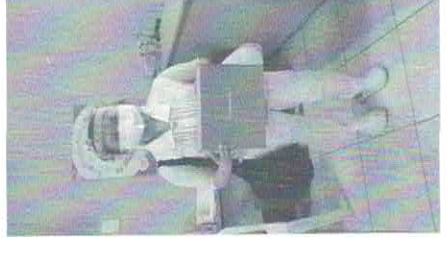
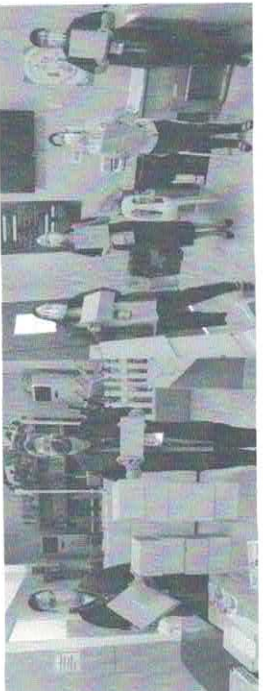
Sept 24 Vaccination



Sept 27 Vaccination



Mental Health Nudges—Max Relax Package Recipients



3 (2 copies each) hardbound posters from MMCHD:

# BIDA SOLUSYON PLUS

**B**AWAL WALANG MASK  
**I**SANITIZE ANG MGA KAMAY  
**D**UMISTANSYA AT LEAST ISANG METRO  
**A**LAMIN ANG TAMANG IMPORMASYON  
**S**UPPORTAHAN ANG FDA APPROVED NA BAKUNA

DEPARTMENT OF HEALTH  
 METRO MANILA CENTER FOR HEALTH DEVELOPMENT  
 HEALTH PROMOTION AND MEDIA RELATIONS UNIT  
 ncr.office.doh.gov.ph | doh-ncro.hpmru

# Mga Ka-Heartner

**APAT NA PANGUNAHING URING NON-COMMUNICABLE DISEASES**

**SAKIT SAPUSO** AT DALUYANING DUGO  
**DIABETES**

**SAKIT SA BAGA** ALTOALYANING HANGON SA HING PANNIGASIBUYO  
**CANCER**

**PAANO TO MAIWASAN?**

**MAGKAROON NG HEALTHY DIET**  
 Iwasan ang labis na pag-inom ng alkohol, mabigat na pagkain, mabigat na pagkain ng mabigat na pagkain, mabigat na pagkain ng mabigat na pagkain.  
 Kurang pagkain sa gulay

**MAGKAROON NG REGULAR NA EHERSISYO**  
 Kurang pagkain sa gulay

DEPARTMENT OF HEALTH  
 METRO MANILA CENTER FOR HEALTH DEVELOPMENT  
 HEALTH PROMOTION AND MEDIA RELATIONS UNIT  
 ncr.office.doh.gov.ph | doh-ncro.hpmru

# MGA PAALALA SA PROSESO NG PAGBABAKUNA

**STEP 1 PRE-REGISTRATION**  
 • Magregrister online sa inyong LGU  
 • Hinatung ang text ng inyong LGU para sa kumpirmasyon kung kaan di kilala magbabakuna  
 • Kung maulang kasaysay ang mag online registration, maging maglonggo sa pinamamalagi na Health Center o barangay hall upang magpabalita sa pagregrister

**STEP 2 REGISTRATION AND COUNSELLING**  
 • Sa araw ng pagbabakuna, magula ng ID at pakio ang text na outagapag mula sa inyong LGU  
 • Sa counselling, papaluring ang mga impormasyon patungkol sa bakuna, pirmahan ang consent form

**STEP 3 SCREENING**  
 Kayo ay tatanungin ukol sa estado ng inyong kalusugan,

**STEP 4 VACCINATION**  
 Ito ang aktwal na proseso ng pagbabakuna.

**STEP 5 MONITORING**  
 Manatili ng 15-30 minutes para maobserbahan ng medical staff kung kayo ay may hindi magandang nataramdaman.

Siguraduhing tumalik sa iskedynl para sa pangalawang dose ng bakuna  
 Laging tandaan ang pagsunod sa Minimum Public Health Standard.

**B**AWAL WALANG MASK  
**I**SANITIZE ANG MGA KAMAY  
**D**UMISTANSYA AT LEAST ISANG METRO  
**A**LAMIN ANG TAMANG IMPORMASYON  
**S**UPPORTAHAN ANG FDA APPROVED NA BAKUNA

DEPARTMENT OF HEALTH  
 METRO MANILA CENTER FOR HEALTH DEVELOPMENT  
 HEALTH PROMOTION AND MEDIA RELATIONS UNIT  
 ncr.office.doh.gov.ph | doh-ncro.hpmru