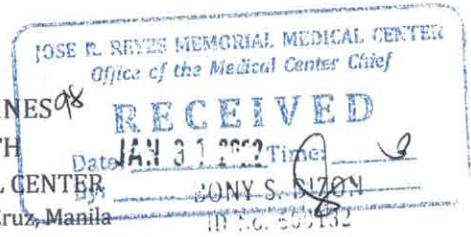




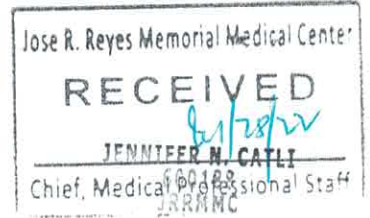
REPUBLIC OF THE PHILIPPINES
 DEPARTMENT OF HEALTH
 JOSE R. REYES MEMORIAL MEDICAL CENTER
 San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila



Health and Wellness Program Committee for Senior Citizen

28 January 2022

EMMANUEL F. MONTAÑA JR, MD, FPCS, FACS, MHA
 Medical Center Chief II
 This Medical Center



Dear Dr. Montaña,

Greeting!

Respectfully submitting Health and Wellness Program Committee for Senior Citizen Accomplishment Report in coordination with Public Health, Emerging Disease Wellness Unit and Department of Geriatrics and Medicine.

Date	Department	Lecture/Activity	Responsible Person
January 20, 2021	Dental Department	Oral Health Care Toothache Remedy during COVID 19 Pandemic	Dr. De Guzman, Dr. Lugtu Mrs. Leyte
February 26, 2021	Public Health Emerging Disease and Wellness Unit	Orientation on Vaccination Program for GGHS Staff and Senior Citizen	Dr. Peña Ms. Soliman Ms. Leyte
March 24, 2021	Cardiology Department	Hypertensive Emergency	Dr. Tiopiango
April 30, 2021	Geriatrics and Medicine	Mga Bakuna Para sa mga Senior Citizen	Dr. Malala, Dr. Bravo Mrs. Leyte
May 17, 2021	Geriatrics and Medicine	How to manage anxiety depression and grief in times of pandemic	Dr. Francis Nora Dr. Cecil Nora
August 25, 2021	Geriatrics and Medicine	Stop TB Now Every Breath Counts	Dr. Nancy Malala Ms. Leyte
September 28, 2021	PHEDWU	COVID 19 Updates Philippine Situation Health Protocol	Ms. Niña Leyte
October 1, 2021	Geriatrics	Insulin ay In Webinar	Dr. Bravo, Ms. Leyte
October 8, 2021	Geriatrics	Zumba for Seniors in Celebration of National Elderly Week	Dr. Barzaga and NCGH Staff
November 25 2021	Geriatrics	Pneumococcal Vaccination	Dr. Merced Mr. Principe
November 26, 2021	Dental and Geriatrics	Ngiping Manining Fluoride ay Gamitin	Dr. Lugtu Dr. De Guzman Ms. Leyte
December 15-17, 2021	Geriatrics	COVID 19 Booster Vaccination for Seniors and Employees	Dr. Barzaga and NCGH Vaccination Team

Thank you so much for the continued support.

Respectfully yours,

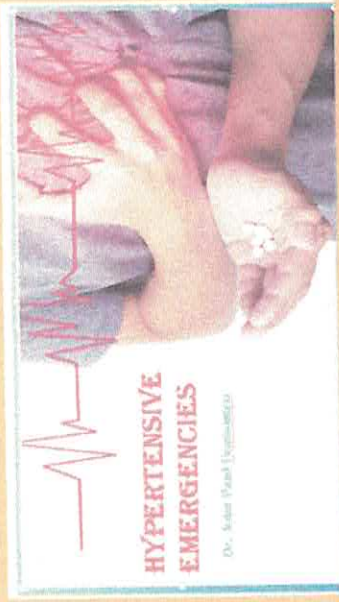
MILAGROS T. BARZAGA, MD, FPAFP, FPCGM
 Chairperson

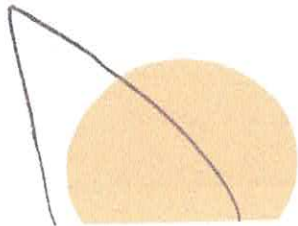
*Respetfully from Sen
 Jomi Arnes Heles S
 Wellness Program Representative
 Report (2021)*

EMMANUEL F. MONTAÑA JR, MD, FPCS, MHA
 Medical Center Chief II

FEB 02 2022

SERIES OF MONTHLY WEBINARS





ZUMBA FOR SENIORS

IN CELEBRATION OF NATIONAL ELDERLY WEEK
OCTOBER 2021

