

Republic of the Philippines Department of Health

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JOSE R. KRYES MEMORIAL MEDICAL CENTER. Office of the Medical Center Chief

JOSE R. REYES MEMORIAL MEDICAL CENTER

Rizal Ave., Sta. Cruz, Manila

May 31, 2022

EMMANUEL F. MONTAÑA, JR., MD Medical Center Chief This Center

Dear Sir:

Good day!

Respectfully submitting to your good office the Health and Wellness Program for Senior Citizens Accomplishment Report for the month of May 2022.

Please see attached.

Respectfully yours,

MILAGROS T. BARZAGA, MD, FPAFP, FPCGM Chairman, Health and Wellness Program for Senior Citizens

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The month of May marks the 12th Founding Anniversary of Dr. Eva Macaraeg-Macapagal National Center for Geriatric Health a Specialty hospital which is under the leadership of Jose R. Reyes Memorial Medical Center.

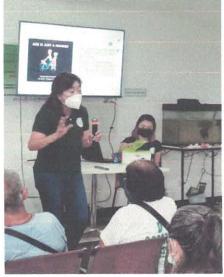
A festive celebration was held last May 16-20, 2022 under the coordination of the Public Health, Emerging Disease Wellness Unit headed by Ms. Niña Leyte who acted as an Over-all Coordinator of the said events with the direct supervision of Dr. Milagros Barzaga as the DEMMNCGH DOH Designated Chief of Hospital and the same time Chairwoman of the JRRMMC Health and Wellness Program of Senior Citizens.

With the Special Participation of the members of the Health and Wellness Program for Senior Citizens and Rehabilitative Unit of JRRMMC, on May 19th a Zumba activities and Health Education Lecture was presented entitled "Kasukasuan Mo'y Alagaan Bawat Kilos ay Pagingatan" led by Ms.Amita Templo.











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Zumba dance was being facilitated by Ms. Salas, Nursing Attendant II of DEMM NCGH with the members of the Committee of Health and Wellness Program headed by Dr. Milagros Barzaga and Ms. Marisa S. Ortiz.

