

# REPUBLIC OF THE PHILIPPINES DEPARTMENT OF HEALTH

# JOSE R. REYES MEMORIAL MEDICAL CENTER

San Lazaro Compound Rizal Avenue, Sta. Cruz, Manila

# Public Health, Emerging Disease and Wellness Unit

8 January 2021

Emmanuel F. Montaña Jr., MD, FPCS, FACS, MHA Medical Center Chief II This Medical Center

THRU: Wenceslao S. Llauderes, MD, MPM-HG

Chief, Medical Professional Staff II This Medical Center

Dear Dr. Montaña,

Good day!

Respectfully submitting the 4th Quarterly Report of Public Health, Emerging Disease & Wellness Unit covering October-December, 2020.

Thank you so much for the continued support.

Respectfully yours,

Lino Y. Macasaet MD, MPH

Chair, Public Health, Emerging Disease and Wellness Unit

/rts









# THANKA PHILIPPINE

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# Public Health, Emerging Disease and Wellness Unit

# **Accomplishment Report**

4th Quarter 2020

# **Background:**

COVID-19 pandemic continues to be a health concern with the National Capital Region (NCR) still under the General Community Quarantine (GCQ), there are still limitations in the activities brought about by the risks of transmission of the COVID-19. Our hospital still observes some forms of limitation in the delivery of health like decrease number of duty hours, and limitations of face to face communication, the Public Health, Emerging Disease and Wellness Unit submits the following accomplishment:

- I- Continuous linkage with DOH, Health Promotion and Communication Service (HPCS), HEPO links, to keep abreast with the pandemic and other DOH Health event as a guide in the conduct of health information /dissemination activities.
  - A. Formulated Risk Communication Plan to intensify public awareness/health information on the Prevention and Control of *COVID-19* and on other programmed health events in addition to existing IEC materials:
  - 1. 7 Tips for Exercising Safely at Home during Covid-19
  - 2. Your Safety is our Priority
  - 3. World Patient Safety Day
  - 4. Leptospirosis Awareness
  - 5. Gabay sa Leptospirosis
  - 6. Breastfeeding
  - 7. Teenage Pregnancy
  - 8. Facility Based Delivery
  - Gampanin ng Ama sa Panganganak/Gampanin ng Ama Habang Nagpapasuso ang Ina
  - 10. New Year, New Me
  - 11. Walang magandang Dulot ang Pagpapaputok
- \* Distribution Of Above Risk Communication /IEC materials at different strategic areas of

the hospital as follows;

- 1. Offices
- 2. Finger Scanning Area
- 3. Clinical Wards
- 4. Emergency Room Triage Area
- 5. OPD Patients Waiting Areas
- 6. Main Entrance/Gate for Employees
- 7. Side gate for Patients/Watchers/Visitors
- 8. Operation Center/HEMS Office
- 9. OPD Gate



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# Public Health, Emerging Disease and Wellness Unit

- 10. JRRMMC Annex (Geriatric and General Health Services)
- B. DIGI board media playback of Covid19 health event at the different strategic location of the hospital
- 1. OPD help desk area-for the waiting relatives of ICU/in patients to view
- 2. Finger Scanning area-Public view
- 3. ESC medicine, Isolation area -for public awareness
- 4. Medical Ward-patientand relatives view
- 5. Hospital lobby-Public view
- C. Use of social media page for information on COVID-19 for public awareness FB account - Public Health of Jose R. Reyes Memorial Medical Center with the Following Posting & Engagement;

October----- 27 posting 6020 engagement 987 engagements December-----35 posting 6347 engagement

Total Engagements=13,354

D. DIGI board video play following DOH based health event at the OPD and Finger scanning area for public view in observance of:

### October

- Breast Cancer Awareness
- Filipino Elderly Week awareness
- Food Safety Awareness
- Hand Washing Awareness
- Mental Health Awareness
- Health Education Week

### November

- COPD Awareness
- Counterfeit medicine Awareness
- Diabetes Awareness
- Drug Abuse Prevention & Control
- Immunization Awareness
- Lung Cancer Awareness
- Population & Developtment Awareness
- Traditional & Alternative Health Care Awareness
- VAWC Awareness& Campaign
- 18 Day Campaign against VAW
- · World Toilet Day Awareness

### **December**

- Linggo ng Kabataan
- Iwas Paputok Awareness and Prevention
- · Aids Awareness & Prevention



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# Public Health, Emerging Disease and Wellness Unit

- Disability Awareness
- · Emergency Preparedness
- E. Videos Of TV monitors continuously being played as medium for communication of health information and awareness, prevention and control of COVID 19 for patients & relatives at the Emergency Service Complex
- F. Accomplishment and submission of Weekly Report for HEPO's at DOH, HPCS and MMCHD-NCR on Risk Communication for the Prevention and Control of COVID-19

HEPO reports ------12 reports

- G. Formulated/collated questionnaires for the proposed survey on the study titled "Knowledge, Attitude and Practices of Health Care Worker in the Prevention of COVID -19 with aim of proposing for additional preventive measues out of the findings approved by director's office
- H. Continuously advocated in the nationwide campaign of DOH titled BIDA Solusyon Sa COVID 19 aimed of motivating the public to practice minimum health standard protocol for the prevention and cntrol of COVID 19 through;
- Posting of Tarpaulin/Poster at different strategic sites of the hospital for public awareness
- Distribution of IEC materials in different areas of the hospital depicting the BIDA acronym which stands for B-Bawal Di Naka Mask; I-Isanitize ang Mga Kamay: D-Dumistansya Ng Isang Metro: A-Alamin ang Totoong Impormasyon
- Airing of BIDA SOlusyon Videos at TV monitors installed at visible areas of the hospital
- I. Acquired the following equipment / supplies donated by DOH 1 pc.Led SMART TV 55" with HDMI –for HEPO promotional activities 48 pcs. hygiene kits, assorted kits distributed at COVID wards and health care Workers
  - 1 unit desk top with CPU, keyboard, monitor and mouse from the hospital for unit use
- J. Attended committee membership meeting seminars, training as scheduled

### II. CONCERNS:

A. The current health event Covid 19, poses risk of exposure on face to face contact hence the unit still needs internet access to enable it to receive and disseminate health information being transmitted by DOH-Health Promotion Communication Service (HPCS) for public awareness through social media. (PHEDWU relocated at OPD Well Baby Clinic because its previous site is considered as hot zone).

# SOUTH A PHILLIPPING

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# Public Health, Emerging Disease and Wellness Unit

- **B.** PHEDWU is intensifying health information and dissemination to the public and is utilizing IEC materials through TV monitors, print out hence to facilitate the activity our requested supplies , hard drive, printer ink be also included in the budget plan.
- C. Need for additional administrative clerk or IT to assist in the laying of conceptualized IEC materials

### III. RECOMMENDATIONS:

- Provision of internet access for prompt delivery and dissemination of accurate information to the public in the temporary area of the unit.
- Allocation of budget for use in promotional materials/effective implementation of health promotion advocacies and activities during this time of pandemic.
- If feasible, provision of Information Technologist to assist in laying out of IEC materials for hospital consumption

Prepared by:

Rebecca T. Soliman RN, MAN

HEPŐ III

# 4th Quarter IEC Materials

7 Tips for Exercising Safely at Home During COVID-19



# 4th Quarter IEC Materials

# Leptospirosis

# Gabay Sa Leptospirosis



# Iwas Paputok



SAY NO TO PAPUTOK!

School of the section of the section

Masaring magdulot

Nagdudulot ng polusyon sa hangin

Nagdudulot ng takot sa mga alagang hayop

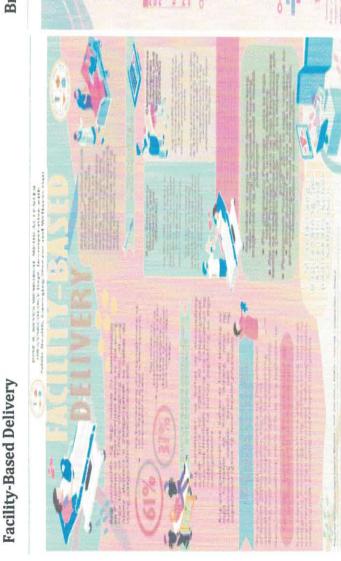
Nagdadagdag ng kalat sa kaisada

CODITION A FIRST AND

# 4th Quarter IEC Materials

# Gampanin ng Ama sa Panganganak





# Breastfeeding

STOORSOU



Finger Scanning Area



OPD Patients Waiting Areas/OPD Gate



# 4th Otr Distribution of IEC Materials

Main Entrance/Gate for Employees

Side gate for Patients/Watchers/Visitors



Operation Center/HEMS Office



# **Breast Cancer Awareness**



Hand Washing Awareness



New Born Screening Awareness



# October 2020 Health Events Filipino Elderly Week Awareness



Health Education Week



Mental Health Awareness



**Food Safety Awareness** 



# November 2020 Health Events Counterfeit Medicines Awareness



**Drug Abuse Prevention and Control Awareness** 



Population and Development Awareness





November is National Against Counterfeit Consciousness Week Medicines

Immunization Awareness



VAWC Awareness Traditional & Alternative Healthcare Awareness



Traditional and Alternative Health Care Month



Diabetes Awareness



**Lung Cancer Awareness** 



# December 2020 Health Events Iwas Paputok Awareness & Prevention









**Emergency Preparedness** 









# Republic of the Philippines Department of Health

# JOSE R. REYES MEMORIAL MEDICAL CENTER ANNEX

## GERIATRIC AND GENERAL HEALTH SERVICES

Gen. Solano St., Malacañang Complex, San Miguel, Manila Telephone No. (02) 254-6963

# Public Health, Emerging Disease and Wellness Unit 4th Quarter Report 2020

This year Elderly celebration 2020 carries the theme, "Healthy and Productive Aging Starts With ME," which seeks to promote the health, wellness, and productivity of senior citizens, particularly during the pandemic.

Due to the current National State of Emergency and enforcement of community quarantine measures to curb the spread of the coronavirus, Senior Day Care activities for Geriatric and General Health Services stopped since March 2020. Since senior citizens are considered as high risk for virus transmission, they are refrain from holding mass gatherings and go outside if not emergency.

The Public Health, Emerging Disease and Wellness Unit together with Department of Geriatric and Medicine found its way to communicate with the Senior Citizen through Social Media and provided contact numbers. In order for them to cope with the New Normal they are gathered through the use of ZOOM and social media. Elderly introduce to social media platforms that can be use in order for them to meet virtually, attend webinars that can help them gain access and knowledge about the current trends. As the elderly theme 2020 Healthy and Productive Aging Starts With ME, through the webinar series conducted, the significance of the Elderly emphasizes and they feel more productive. They learned how to navigate and use of ZOOM on their own as practical lessons done. The Senior Citizen comprise of patient as well as Senior Citizen employees advocates their importance and their wellness to have an active healthy lifestyle amidst pandemic. Below are the posters used, webinar details, pictures/screen shots of activities patients.

# A.I. Gadget 101 Part 1 New Normal Para kay Lolo at Lola: Introduction to Social Media Platforms October 14, 2020 10:00AM-12:00PM Number of Participants: 17



The Geriatric and General Health Services (GGHS) Senior Citizen has existing messenger group name NCGH/JRRMMC SENIOR GROUP created by the Senior Citizen members, GGHS staff added to this group. This is the venue for them to connect, exchange messages as well as posted announcement while staff shares health promotions.

This is the first time where GGHS Senior Citizens/Employees meet virtually, there are difficulties in entering the zoom but assisted them through messenger. Through also the help of relatives and significant others, they help navigate and enter the zoom. The webinar programmed and hosted by Dr. Nina Bravo and Ms. Nina Leyte. The participants introduced to Basic Zoom, they learned how to join a meeting, raised hand, how to chat and introduce to viber in order to

prepare for the online consultation. Each participant tried to practice steps and made sure that they made it prior introducing to other topics. The Senior Citizens extended their gratefulness in gathering them virtually and learned basic zoom.

The Nursing Division also participated in "Kamustahan" where in they are able to asked senior citizens condition and participants shared their current situation and how they are coping.

There are other Senior Citizen members who are unable to enter the ZOOM but made online in messenger and participated in group call. The video projected in ZOOM flashed through messenger as the participants able to view ongoing webinar activity.

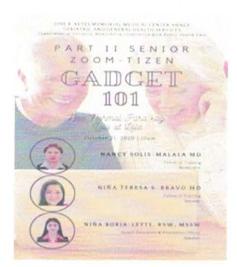






II. Gadget 101 Part 2 New Normal Para kay Lolo at Lola: ZOOM-TIZEN October 21, 2020 10:00AM-12:00PM

Number of Participants: 28



The second session of webinar invited Society of Senior Committee there are Jose Reyes employees attended aside from the NCGH group. The webinar introduced by Chairman of Geriatrics Milagros T. Barzaga. House rules were explained and participants are amenable. Topics discussed in part I webinar where reviewed and practice since there are new participants attended. Kamustahan headed by Nursing staff still in the program, Ms. Maribel Salas lead the virtual ZUMBA exercise.

Topics discussed How to mute and unmute, How to start and stop video, How to use emoticons and How to schedule meeting. Participants able to practice and expressed their eagerness to learn more.

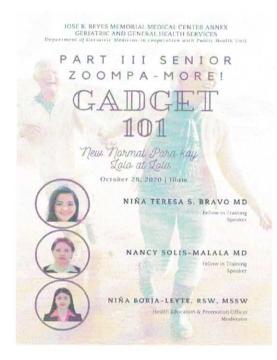






# III. Gadget 101 Part 3 New Normal Para kay Lolo at Lola: ZOOM-PA MORE October 28, 2020 10:00AM-12:00PM

Number of Participants: 17



The webinar opened early in able to assist participants in case there are difficulties. There are Health promotion videos flashed especially reiterating BIDA campaign B-stands for Bawal walang mask. I-Isanitize ang mga kamay, Iwas hawak sa mga Bagay, D-Dumistansya ng isang metro, A-Alamin ang tamang inpormasyon. Videos presented will help the Elderly practice safety protocols.

GGHS Staff consultants, fellows, HEPO's, nurses and other allied profession attended the webinar and joined with the Senior Citizen. The usual program, Kamustahan, Virtual Zumba and other enjoy by the participants. There is a new member who attended the webinar thus review of previous lessons able to applied, glad that they are able to make emoticons, comments and actively participated. The attendees able to chat privately, knows how to share screen and have an idea on how to record Zoom Meeting.





B. Elderly Month collaboration of San Lazaro Hospital and Jose R. Reyes Memorial Medical Center Annex

The Health Education and Promotion Officers HEPO's of San Lazaro Hospital and Jose R. Reyes Memorial Medical Center Annex collaborated Elderly Filipino Celebration through the submitted compose partial content of video particularly Video Questions in Q and A. The Public Health of San Lazaro Hospital in collaboration with their partners Department of Family Medicine and the Chairman of JRRMMC Annex Geriatric and General Health Services Dra. Milagros T. Barzaga well participated and presented. The video composed of 1 hour and 11 minutes wherein it discussed facts about COVID 19, signs and symptoms, health promotions campaigns advocacy, presented Senior Citizen cases and their current situation, Virtual Zumba also Questions and Answers portion. The video can be viewed through this link: <a href="https://www.facebook.com/pablik.helt.5/videos/658618845038648">https://www.facebook.com/pablik.helt.5/videos/658618845038648</a>

# Here are some screen shots captured



# C. Other activities and webinars in JRRMMC Annex GGHS are as follows:

### **BIDA Lectures**



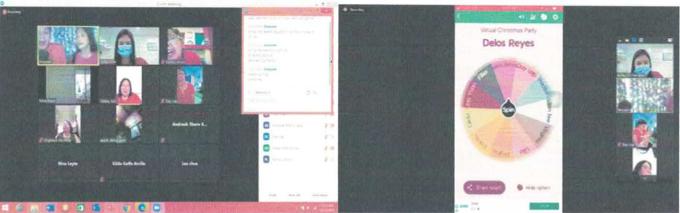
### Received television from DOH-HPCS

The undersigned has constant coordination with DOH- HPCS Health Promotion and Communication Service. The television below is a request granted, this will help airs health information and prevention control. Likewise, this will entertain and educate patients and their relatives whilst queued availing hospital services.



# Senior Citizen Virtual Christmas Party





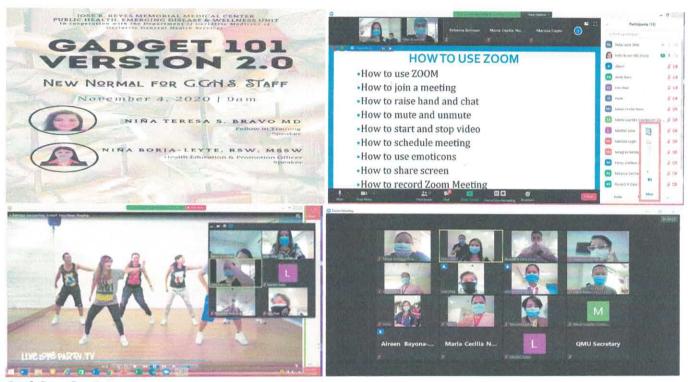
# Community Engagement

The Department of Geriatrics and Medicine together with the Family Medicine Residents took their community service in Brgy 873 and Brgy 875. There are 30 Senior Citizens received free flu vaccines and 200 Senior Citizens extended hygiene kits. This activity is assisted by geriatric staff.



# D. Activities involved GGHS Employees

The HEPO initiated to have a webinar session for GGHS Staff in order for them to cope with the New Normal they are gathered virtually through ZOOM. The importance of wellness to have an active healthy lifestyle amidst pandemic also emphasized. Through the webinar conducted the staff learned and enhance their knowledge in navigating the ZOOM.



**Oral Care Lecture** 



Prepared by:

Noted by:

Muluplupte Niña B. Levte, RSW,

Łino Y. Macasaet MD, MPH

Health Education and Promotion Officer III Chair, Public Health Emerging Disease and Wellness Unit